





NEWSLETTER

20th December 2023

Dear Families.

Thank you all for your support, love and encouragement this term.

We have continued to flourish as a school within our partnership with St Saviour's and are so pleased that in our SIAMs (Statutory Inspection of Anglican and Methodist Schools) inspection it was recognised that SPSL '...is a beacon of hope in the community'. The inspector was very impressed and said we were living up to our foundation as a Church school. These are our strengths:

- A shared understanding of generous love and respect creates a culture of care and aspiration for everyone in this school. The vision drives leaders' decisions and actions.
- Adults and pupils treat each other well. The nurturing provision for all pupils creates an inclusive environment where all flourish.
- Shared values are explored during collective worship which is shaped by the Anglican foundation of the school. This creates meaningful moments for spiritual development.
- A carefully constructed religious education (RE) curriculum, taught with knowledge and expertise, allows pupils to examine universal questions. This ensures pupils' understanding of a wide range of religions and worldviews including Christianity.
- The school vision is deeply embedded in the partnerships between the school, the local church and faith groups . This ensures it impacts positively on the life of the community it serves.

If you are celebrating, we wish you a very merry Christmas and a happy new year!

If not, have a lovely holiday! See you all next year!

Mrs Smith

Mrs Sharpe



DON'T FORGET!
School reopens on
Monday 8th January
2024 at 8:30am for
children.



DIARY DATES

Date	Event
Friday 5 th January	INSET Day
Monday 8 th January	Children return to school
12-16 th February	Half term







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	3	STA	ARS OF THE WEEK
*	Rec.	Istiayk	For excellent progress in his phonics.
<u>.</u>	Year 1	Reuben	For sequencing his recipe in chronological order.
	Year 2	Isla	For her fantastic acting and flexibility during the Nativity performance.
		Nazeer	For taking on the role of being Joseph in the Nativity; what a fantastic performance!
	Year 3	Winston	For his resilience and efforts in writing. Keep up the good work, Winston!
	Year 4	Janelle	For making good choices and always being kind.
*	Year 5	Mustafa	For taking responsibility - helping adults clean up after lunch clubs without being asked.
	Year 6	Yahya	For being caring and respectful. He is always offering a helping hand to his peers and doing jobs around the classroom.
	Flamingo	Whole class	For settling in well this first term in Flamingo class.
	**		





HOT CHOCOLATE WITH THE HEAD





Some of our excellent singers, and 'always' children, joined Mrs Sharpe for 'hot chocolate with the Head'. We ate some scrumptious marshmallows and washed them down with some delicious hot chocolate.











Thank you to Magic Breakfast for the lovely Christmas presents for the children and the lovely chocolates for the staff!

















We had a very special visitor today...Santa!
He delivered presents to all classes as all the children are on the 'nice list'!
Thank you Santa!











HUMMINGBIRD CLASS

We would just like to thank you and your children for a wonderful term!

We have had lots of fun along with lots of learning. We are quickly becoming confident counters using props and songs to help us. We are also starting to write our names and work on our pencil grip which is amazing. Along with this we have made apple bird feeders, George from our "Oh no George" story and lots of Christmas crafts which we hope you will love.





We wish you a peaceful and relaxing break and look forward to seeing you all back in January. Best wishes from all of the Nursery team.













WREN CLASS





The children in Reception have thrived with their learning in all areas this term, in particular with their phonics. Almost all of the children can recognise set one speed sounds from our RWI phonics programme and they are moving on to blend and segment to help them read and write. In addition, children have been learning their HFW words at home thanks to parents/carers which has had a huge impact on the pace of their reading as they are implementing it. To help us develop our language and storytelling we went to the Discovery Children's Story Centre where we used our imagination to come up with the most amazing, creative story as a class, to help Hootah the alien get home. In maths children have gained a thorough understanding of the number system up to 5, and learnt about 3 and 4 sided shapes. As part of our understanding of the world we have learnt about Black History, and Diwali that Hindu's celebrate all around the world. Diwali is the festival of light and we made Diva lamps to take home and light our homes up. We are still working on our PSED of how to be caring and respectful to everyone and everything, and also develop our friendship groups. Well done Reception on all of your achievements this term and we can't wait for more fun and learning next term.

"I like doing phonics, because you get to learn sounds." Isaiah
"I loved going on the trip and playing on the slide." Khadijah













OWL CLASS

Year 1- Owl class- has had an amazing Autumn term. The children have enjoyed reading and innovating the story 'Thank You, Omu'. Year 1 enjoyed hosting a tea party with their favourite food with their parents. Children have written their recipes for our class book. In maths, the children have mastered how to add and subtract within 10. The class has especially enjoyed science this term 'Using our Senses'. They carried out various investigations using the five senses. This half term, the children learned all about Nativity and how important each of the characters are.

Thank you for your continued support, have a great Christmas holiday and a happy new year from the Year 1 team.











"My favourite food is noodles and sausages." Areeba

"I enjoyed tasting different flavours using my sense of taste." Nazeera







FLAMINGO CLASS

Flamingo Class is an inclusion class and we have just finished our first full term at SPSL.

We have had a fun filled term, new pupils and staff joined us and we enjoyed learning new things about life and each other ©

Our topic for this half term was "Celebrations" and we have enjoyed listening to songs, watching short films and we were small artists making Christmas cards for our School's Christmas Fair. Our book of the term was "Handa's Surprise" and "The Night before Christmas" and we have read both of them and also made it into the sensory story – it was so much fun to have all our senses involved – especially making snow and rain! There is also weekly focus on one letter and one number. We all love multi-sensory based learning and taking part in sessions like Attention Autism, What's in the box?, Christmas TAC PAC and stretchy band activities.

We look forward to having lots of opportunities to have fun while learning new things next term!

The Flamingo team













SWAN CLASS

This term, Year 2, Swan class have been practicing their nativity for the Christmas performance at the church. Children spent time creating props and costumes for their fantastic show. It has been a very exciting term for everyone as we've had firefighters come into our school and show us how to put out a fire using their special equipment.

In science, Swan Class have been testing different materials to see what materials would be the most suitable for children's play dungarees. Children also brought in their balls from their home to test out which is the bounciest ball.

In RE, children learnt all about the birth of Jesus through drama and music to remind us of the journey Mary and Joseph took before Jesus' birth.

Thank you for your continued support this term.

Have a lovely Christmas and new year.

Year 2 team

















PARROT CLASS

'I have really enjoyed the science topic; I liked making the arm with the muscle.' Harrison



Year 3, Parrot class has had a brilliant end of autumn term. We have enjoyed reading 'The Diary of a Killer Cat' written by Anne Fine. In literacy, we have been writing non-chronological reports and diary entries. In maths, we learned how to exchange when adding and subtracting and we are now exploring how multiplication and division work.

This half term, in our 'Amazing Bodies' topic in science, we have learned about a healthy diet and our skeletons and muscles; we have all made an arm using cardboard and elastic bands to see how the muscles contract! We had many enriching experiences such as a visit to the British Museum, going to the cinema to watch 'Early Man' as well as baking bread; creating Roman mosaics and making slime in class have been so enjoyable. Thank you for your continued support. We wish you a Merry Christmas, a restful and joyful holiday.

We hope you all have a lovely break and everyone comes back refreshed and ready for spring term.

Thank you from the Year 3 team. Bonne Année 2024!



I have really enjoyed making bread this half term.'
Christabel









SWALLOW CLASS

Swallow class have had a fantastic Autumn term. The children have really enjoyed learning the story of Tiger Tiger by Lynne Reid Banks and using it as their model text for innovating their writing. In maths, the children have mastered how to add and subtract numbers in the thousands and have become more confident in recalling their multiplication tables up to 12, in preparation for their multiplication test in the summer term.

The class have especially enjoyed science this term and their topic of 'Good Vibrations'. They carried out a test to see how sounds can travel and made different types of shakers to experiment with. The class have been lucky to attend swimming lessons this year and lots of the children have learned to swim or perfect their swimming techniques!

The Year 4 team will like to thank you for your continued support and we hope the children have a good Christmas and New Year.

"I enjoyed science especially making the shakers." Zairah

"I know a lot about the Romans especially the Roman soldiers."

Siyanna





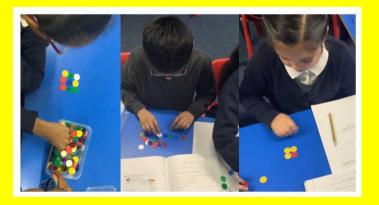






ROBIN CLASS

This half-term, Year 5 have worked incredibly hard to deliver a tremendous performance. They made an exemplary effort to narrate the Christmas story during our school nativity and it was captivating, to say the least. They also participated in the 'I am You' workshops organised by Queen Mary, University of London and learnt about laws that protect our rights within various institutions, i.e. school, work. In Literacy, we've been on an exhilarating journey with our new friend Albie Bright, as he sets off on a quest to find his mother (with the help of quantum physics). The pupils have shown incredible enthusiasm in writing their own journey tale and comprehending the deep sentiment behind this story. In Maths, we've been looking at Fractions. Year 5 have been using different methods to find equivalent fractions.



"I've really enjoyed learning about fractions in Maths, especially when we were folding the strips of papers to show different parts." Eliana

"I really like Albie Bright, I liked learning about quantum physics, it was really interesting." Izyan









DOVE CLASS

Dove Class have had a very busy and productive second half of the Autumn term. We have been learning about electricity this half term: children enjoyed designing, building and testing circuits in science; we learnt about renewable and non-renewable energy sources in geography; as well as located energy plant sites on a map of the UK. Following on with the theme of WW2, children were enthralled by the life of Anne Frank and have written detailed biographies of the young, inspiring girl, empathising with the struggles she went through, in our literacy lessons. For maths, we have been focussing on fractions: pupils have been learning to compare fractions; convert improper fractions to mixed numbers; simplify fractions and solve problems using all four operations. Furthermore, we have covered metric and imperial measures, learning to convert between the units in each type of measure. We are pleased to say that children are becoming increasingly confident in these topics, although they will need to keep practising to secure and embed this learning for their SATs exams. In our RE lessons, we have been thinking about the true meaning of Christmas for Christians and looked at how it is advertised today in the UK. For our PE lessons, children have been learning the skills required for the team sport of 'rounders', it was a pleasure to see our pupils absolutely immerse themselves into the games.





"I really enjoyed the game of rounders in our PE lessons." Riley "Building circuits in science was really fun." Arisha "I've become more confident in fractions." Jayden











ATTENDANCE MATTERS

Our school target is 96% This week: 87%

1st place: Year 5 with 98%

2nd place: Year 6 with 92%

Congratulations to the top classes this week!

Best punctuality (fewest lates)
1. Y4 with 3 lates
2. Year 1 with 4 lates

Our attendance policy is on our school website. Paper copies are available from the office.

The Attendance Welfare Officer (AWO) checks our school registers regularly and will contact parents by letter, telephone or a home visit if there is a cause for concern. Formal referral of pupils with persistently less than 90% attendance may be made. Be aware that parents can ultimately be prosecuted for non-attendance offences.

	100%	OUTSTANDING
School days missed in an academic year	98%	VERY GOOD
School days missed in an academic year	96%	GOOD
School days missed in an academic year	95%	ALMOST THERE
School days missed in an academic year	94%	IMPROVEMENT NEEDED
School days missed in an academic year	90%	CONCERNED ATTENDANCE OFFICE WILL BE IN TOUCH
School days missed in an academic year	85%	VERY CONCERNED







POLITE NOTICE

At St. Paul with St. Luke, we are very fortunate to have supportive and friendly parents/carers. Our parents recognise that educating children is a process that involves partnership between parents, class teachers and the school community. As a partnership, our parents will understand the importance of a good working relationship to equip children with the necessary skills for adulthood. For these reasons we continue to welcome and encourage parents/carers to participate fully in the life of our school. However, if a parent/carer's conduct falls short of this we will take necessary steps to address this.

Every child has the right to be on the school site but parents and carers are invited, therefore we remind you that you must conduct yourself in line with our code of conduct policy.

This policy is on our website and paper copies are available from the office.

HAPPY O L BIRTHDAYO
William
Logan
Dayyan
Eliana Lamaro
Ava-Louise
Maira
Tyrelle
Casey
Shaniya
Ayaan
Namir
Lillie-Jane
Bushra



Nazeer
Isla
Kiyaan
Jacob
Tawseef
Harry
Danyal
Alanta
Safa













Our Christmas Services

Advent Mass - Sundays, 3rd December, 10th December, 17th December* & 24th December at 10am.

with Sunday school Nativity.

Retirement & thank you party for the Tuesday Sale Team - Saturday 9th December 4-7pm

Carol service (by candlelight) - Sunday 17th December at 4pm

Christmas Eve Carols by Candlelight - Sunday 24th December 11pm

Christmas Eve Midnight Mass - Sunday 24th December 11.30pm

Mass for Christmas Day - Saturday 25th December 11am

New Years Eve - Sunday 31st December 10am

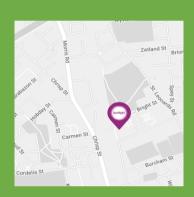
Morning and Evening prayer - Please note there will be no Morning or Evening prayer between Mon 25th Dec 23 - Sat 6th Dec 24







CHRISTMAS EVE FOODBANK FOR POPLAR SCHOOLS







We invite all parents/carers at SPSL to pick up food between 12 – 3pm at Spotlight 30 Hay Currie Street, E14 6GN on 24th December.

We will have volunteers and staff there to help.







OTHER FOODBANKS IN THE AREA



Foodbanks - Drop-in/Open Access

<u>Bethnal Green Food Bank</u> -Raine's Foundation School Approach Road, London, E2 9LY; drop in's take place on Wednesdays 2-7pm. For more information you can call 020 7739 7586 or email

Bow Food Bank - Bromley by Bow Centre, St Leonards Street, Bromley by Bow, London, E3 3BT (Entrance through the park on Bruce Road or St Leonards Street); Monday drop in between 8:30am - 12:30pm. For more information you can call 07934 734603 or <a href="mailto:emailto:

Neighbours in Poplar - St Matthias Community Centre, 113 Poplar High Street, Poplar, London, E14 0AE. Open Thursdays 10:30am-12pm. Walkin service is available although you should call in advance for requests of support 020 7987 0257

Osmani Centre - 58 Underwood Road, London, E1 5AW. Drop-in Wednesday 12-3pm. For more information you can call 020 7247 8080 or email

Salvation Army, Kerbey Street, E14 6AJ. Drop-in Thursdays 10.30am-12.30pm. For more Information contact David on 020 7987 9405 St Luke's Food Bank, Alpha Grove, London, E14 8LH. Drop-in Tuesdays and Thursdays 10am - 12pm. For more information you can call 07810 748 534 or email







Area Specific Foodbanks

- •Christ Church, Isle of Dogs, 151 Manchester Road, Cubitt Town, London, E14 3DR. Distributing food to unInerable individuals in the Isle of Dogs Via local volunteers. For more information call FR Tom Pyke on 020 3488 4594
- •Dorset Community Association, Diss Street, London, E2 7QX (for residents of Dorset Estate and Columbia Road area). Drop in Thursday 2-4pm. For more information call Nazrul on 07984 966 565
- •Ensign Youth Club, Wellclose Square (off the Highway), London, E1 8HY. Collection Monday, Wednesday and Friday 10am 1pm. For residents of St Katherines area, please contact Shafee on 07949 573 730 or 020 7702 3340
- •Good Shepherd Mission, 17 Three Colts Lane, Bethnal Green, E2 6JL. For individuals and families near Weavers Field in Bethnal Green/Whitechapel on Mondayss 12-2pm

For more information contact <u>Darren Prince</u> or <u>Emily Bennett</u>

- •Jesuit Refugee Service- Supports destitute Asylum Seekers who have had the initial claim for Asylum refused and are not entitled to any statutory support. Contact Rhiannon on 020 7488 7310 or email
- •Limehouse Project Food Hub, Burdett Road, Unit 419 (Arch), London, E3 4AA. Saturdays choose from 11am 2pm and deliveries from 11am 5pm. For more information contact Momina Begum on 07946 391 570 or email
- •Royal Foundation St Katherine's, 2 Butcher Row, Limehouse, London, E14 8DS. Supporting a limited number of families. For more information email the <u>food bank</u>.











TH_IS HOLIDAY ACTIVITIES



Tower Hamlets Christmas HAF Programme- HAF Club & Booking Information

Provider Name: Beyond the Bias Winter Camps

HAF club email (to book a space): Info@beyondthebias.co.uk HAF club phone number (to book a space): 07507435927

HAF Provider Social Media (if used to book a space): @beyond.the.bias

SEND Focussed?: No

Indoor Venue Location: Poplar Leisure Centre & George Green School

Provider Name: Canary Wharf Football Academy

HAF club email (to book a space): Canarywharffa@outlook.com HAF club phone number (to book a space): 07984195538

HAF Provider Social Media (if used to book a space): www.canarywharffa.org

SEND Focussed?: Support available for SEND participants

Indoor Venue Location:

Club 1: Locksley Community Centre E14 7TP

Club 2: Sir John Mcdougals Garden E14 8LN (WK 1) & Bow Cross Community Hub E1 0PW (WK 2)

Provider Name: First Kick Sports

HAF club email (to book a space): https://first-kicks-sports.classforkids.io/camp/27

HAF club phone number (to book a space): 07849 502993

HAF Provider Social Media (if used to book a space): @firstkickssports

SEND Focussed?: Yes we offer SEND spaces

Indoor Venue Location: St Agnes Primary School Rainhill Way Bow E3 3ER

Provider Name: Junior Adventures Group

HAF club email (to book a space): hello@junioradventuresgroup.co.uk

HAF club phone number (to book a space): 03335771533

HAF Provider Social Media (if used to book a space): Instagram @junioradventuresgroupuk

Twitter @JAGUKGROUP

Facebook junioradventuresgroupuk

SEND Focussed?: At Junior Adventures Group, we embrace inclusivity and welcome children of all abilities, including those with SEND. We are committed to effective communication with parents to understand and accommodate your child's specific requirements where possible

Indoor Venue Location: St Luke's Church of England Primary School, Saunders Ness Rd, London E14 3EB

Provider Name: LIS Youth Winter Camp

HAF club email (to book a space): Email arif@londonislamicschool.org specifying which site you are interested in. An appropriate form link will be emailed back to complete if there are available spaces.

HAF club phone number (to book a space): NA

HAF Provider Social Media (if used to book a space): NA

SEND Focussed?: No

Indoor Venue Location: London Islamic School (E1 2HX) and Whitechapel Sports Centre (E1 5BA)









Provider Name: : LONDON JAGUARS COMMUNITY ASSOCIATION

HAF club email (to book a space): ljca.org@gmail.com HAF club phone number (to book a space): 07913645738

HAF Provider Social Media (if used to book a space): Instagram page: Ijca2017

SEND Focussed?: No

Indoor Venue Location: KINGSLEY HALL, E3 3HJ

Provider Name: London Sportif

HAF club email (to book a space): info.londonsportif@gmail.com HAF club phone number (to book a space): 07904113087

HAF Provider Social Media (if used to book a space): @Londonsportif

SEND Focussed?: No

Indoor Venue Location: London Enterprise Academy. 81-91 Commercial Road, London, E1 1RD

Provider Name: Ocean Youth Connexions

HAF club email (to book a space): tla@oceanyc.org

HAF club phone number (to book a space): 07445176071 or 07445143918 HAF Provider Social Media (if used to book a space): https://oceanyc.org/

SEND Focussed?: No

Indoor Venue Location: Ocean TLA, Forecourt Coral House, Ernest Street, London E1 4SE

Provider Name: Olive Tree Education

HAF club email (to book a space): info.olivetreeeducation@yahoo.com

HAF club phone number (to book a space): 0743 2219412 HAF Provider Social Media (if used to book a space): NA

SEND Focussed?: Limited spaces available

Indoor Venue Location: 39 Waverly House, Pepper Street London E14 9RP

Provider Name: Purple Moon Drama

HAF club email (to book a space): hello@purplemoondrama.co.uk HAF club phone number (to book a space): 07838131764

HAF Provider Social Media (if used to book a space): @purplemoondrama

SEND Focussed?: No but offer SEND places Indoor Venue Location: Poplar Union

Provider Name: SAMA Centre

HAF club email (to book a space): badr@samaacademy.co.uk HAF club phone number (to book a space): 07432860004

HAF Provider Social Media (if used to book a space): Instagram: samaacademyuk

SEND Focussed?: No

Indoor Venue Location: 544 Roman Rd, E3 5ES, London

Provider Name: SimpleGifts: Centre for Social Action















HAF club email (to book a space): info@simplegiftsucsa.org.uk

HAF club phone number (to book a space): 020 77399930 HAF Provider Social Media (if used to book a space): NA

SEND Focussed?: No but offers SEND spaces

Indoor Venue Location: SimpleGifts: Centre for Social Action, 117 Mansford Street, Bethnal Green,

E2 6LX

Provider Name: Social Organisation for Unity & Leisure (SOUL)

HAF club email (to book a space): Info@souluk.co.uk souluk.online (booking form)

HAF club phone number (to book a space): 0208 0641359 02076462320 (only office hours) HAF Provider Social Media (if used to book a space): Instagram - SOULUK03 Facebook -

SOULUK03

SEND Focussed?: Yes - Our Collingwood site is SEND focused.

Indoor Venue Location:

SEND play & ARTS @ Collingwood Community hall Arts & Multi Sports @ Old ford Road (Butley Court)

Provider Name: SocietyLinks Tower Hamlets

HAF club email (to book a space): info@societylinks.org.uk HAF club phone number (to book a space): 02077020901

HAF Provider Social Media (if used to book a space): "@society.links SEND Focussed?: No- only universal SEND support not targeted or specialist

Indoor Venue Location: 80 John fisher Street E1 8JX

Provider Name: Sportscool

HAF club email (to book a space): amjad.c@sportscool.org HAF club phone number (to book a space): 07707861027 HAF Provider Social Media (if used to book a space):

Instagram - sportscooleastlondon

Twitter - SportscoolEL

SEND Focussed?: Yes, SEND focussed club that runs 1pm-5pm

Indoor Venue Location: Ben Jonson Primary School, Harford St, London, E1 4PZ

Provider Name: St Andrews Youth Developments Trust

HAF club email (to book a space): standrewsyouthdevelopments@gmail.com

HAF club phone number (to book a space): 07956298469 HAF Provider Social Media (if used to book a space): n/a SEND Focussed?: We have 12 SEND places on offer

Indoor Venue Location: St Elizabeth school Bonner road E2 9JY

Provider Name: Tower Hamlets Youth League United HAF club email (to book a space): thylunited@hotmail.com

HAF club phone number (to book a space): 07399 111 435

HAF Provider Social Media (if used to book a space): www.thylunited.com

SEND Focussed?: No

Indoor Venue Location: Oxford House, Derbyshire Street, London, E2 6HG













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Provider Name: Weavers Adventure Playground

HAF club email (to book a space): weavers@btconnect.com
HAF club phone number (to book a space): 02077291295
HAF Provider Social Media (if used to book a space):

https://www.instagram.com/weaversadventureplayground/?hl=en

https://www.facebook.com/weaversadventureplayground

SEND Focussed?: No, however we do have spaces available for some children with ADHD and

Autism, but these children are closely supervised by parents/guardians.

Indoor Venue Location: Weavers Adventure Playground Viaduct street/place E20bh

Provider Name: WISE Youth Trust

HAF club email (to book a space): admin@wiseyouthtrust.com

HAF club phone number (to book a space): contact 07436269681 to book for Mile End stadium

venue

Contact 07376590378 to book for St.Peters venue

HAF Provider Social Media (if used to book a space): @wiseyouth trust

Facebook: facebook.com/WISEYouthTrust

SEND Focussed?: No

Indoor Venue Location: St. Peters North Community Centre, 1 Marian Place, Pritchards Road E2

9AX, Mile end Stadium E3 4HL

How do I sign up my child?

If your child is eligible for a Free place at a HAF club you would have received a HAF letter in the post.

Book a place

To book a place check the list of HAF clubs, contact the club you wish your child to attend and follow their registration instructions.

When registering, you will need to quote your child's HAF Code. This can be found at the top of your HAF letter.

Places are allocated on a **first come**, **first serve basis**. If you have missed out on a place at your chosen club, please do check out other clubs.

I did not receive a HAF letter

If you did not receive a letter, please contact your school to find out if your child is receiving benefits related Free School meal (not universal Free School Meals). This is only for children receiving benefits-related Free School Meal.



TH_IS HOLIDAY ACTIVITIES















10 Free gift packs for attendees... Hurry while stock lasts!

Calling all Dads...

...and step dads, single dads, foster dads, absent dads, granddads and other male carers.

What is the Tower Hamlets Dads' Network?

Tower Hamlets Dads' Network supports and encourages dads and male carers to strengthen relationships with their children through positive parenting and play.

The Network provides opportunities for dads and other male carers to join their children in free activities. For the latest news and information on upcoming events, join the Tower Hamlets Dads' Network by emailing parentalengagement@towerhamlets.gov.uk or calling the Family Information Service on 020 7364 6495

Saturday 16th December 2023 10am - 11.30am

Ocean Children's & Families Centre...

Whitehorse Road

London

E1 0ND













Tower Hamlets Youth League United Present Winter Camp 2023



Free if you are in receipt of income related free school meals.

Saturday 23rd December 2023,
Sunday 24th December 2023,
Wednesday 27th December 2023,
Thursday 28th December 2023,
Friday 29th December 2023,
Saturday 30th December 2023,
Sunday 31st December 2023,
Monday 1st of January 2024
Tuesday 02nd January 2024
Wednesday 03rd January 2024,
Thursday 04th January 2024.

Time: 11am - 3pm

ONLY 45 SPACES.

Meeting point 1:

Mile End Leisure Centre, 190 Burdett Road, London, E3 4HL.

Meeting point 2:

Oxford House Cafe Entrance, Derbyshire Street, London, E2 6HG.

Activities:

- 1. Football Tournament 2. Badminton Tournament
- 3. Cable car 4. Trampoline Park 5. Cinema
- 6. Ice Skating 7. Bowling 8. Talent Show

For more information about booking.
Please contact on 07399111435 or email us on thylunited@hotmail.com







SPONSORED BY



A/C Name: Tower Hamlets Youth League United A/C number: 0110-4118. Sort code 30-92-21

Bank details: Lloyds Bank

Age group 5 year old to 16 years old







FamiliesMatter

Parent and Family Support Service



Emotional First Aid

A course to support parents' emotional health and well-being Bengali speaking programme

Is everyday life sometimes stressful?

Feeling pressured by children and family life?

You're not alone! Take time out for self-care.

+‡+

Venue:	Stepney Park Primary School	
'	Smithy Street	
	London E1 3BW	
Date:	Wednesday mornings (6 weeks course)	
	24 January, 31st January, 7th February, 21st February, 28th	
	February & 6th March 2024	
Time:	10am-12.30pm	
How to refer:	Self-referrals are accepted - please email:	
	parenting@towerhamlets.gov.uk	
	or call on 020 7364 6398	

During the course you will:

- Meet other parents and build up a network of support.
- Discover new ways to manage your worries.
- Identify the early signs of anxiety in adults, children, and young people.
- Find out about services available in Tower Hamlets to support families.









Shoet 47

Family Fun!

Fun ideas for the family this holiday season!

Write a letter to Santa

A great Christmas tradition. Writing a letter to Santa Claus is a fun activity that can provide long-lasting benefits for children. It promotes creativity, communication skills, social skills, and self-esteem, while also creating an opportunity to think about giving. Sending a letter to Santa is an exciting and memorable experience that they will cherish forever. There are many templates online for younger children.





Christmas Tree Snack

One easy snack idea is cutting pitta breads into Christmas tree shapes, add green guacamole and red peppers and you have a very tasty Christmas tree! Involve your child in making the guacamole by mashing everything together. (serves 8)

1 large ripe tomato

3 avocados, very ripe but not bruised juice 1 large lime

handful coriander, leaves and stalks chopped

1 small red onion, finely chopped

1 chilli, red or green, deseeded and finely chopped (optional)

Explore winter wildlife outdoors!

You could also take the children outside to explore the wildlife this time of year, learning about seasonal changes and the impacts on wildlife hibernation. Keep your eyes peeled for... a black and white magpie glossy holly leaves and shiny red berries ivy wrapped around trees

a cheerful robin singing loudly squirrels chasing each other up and down trees.

snowdrops popping up out of the ground





Star Gazing

As days get shorter and night skies sparkle, a great activity would be to stargaze. Either from the window or your back garden with some blankets and go-to snacks, take time with your children to learn about our magnificent solar system and the stars in our Milky Way galaxy. The Star Walk 2 app, which is available on iOS and Android mobiles, allows you to point your phone to the sky to identify constellations and stars and provides an educational guide to the beautiful night sky.

Produced by The Parental Engagement Schools and Family Team



Families Matter

Subscribe to our e-bulletin www.towerhamlets.gov.uk/parentfamilysupport









Free places are available! HAF codes required

WINTER HOLIDAY DRAMA CLUB

Wednesday 27th December to Friday 5th January

Excluding weekends or Bank Holidays

For ages 5 to 11





poplar nion

Poplar Union 2 Cotall St E14 6TL









What are your plans for your children during the school holidays this Christmas?

Looking for an affordable childcare option that keeps your kids happy and entertained and includes hot lunches?

Book our Winter Holiday Drama Club!

The club will include arts & crafts, nutrition workshops, fun drama games, and movement activities!

Prices

Free if you have a **HAF code** or £10 per day without

Free Places

We are offering free places to children who are eligible for benefits related free school meals. See our website for full eligibility details.





Find out more and book at:



purplemoondrama.co.uk/dramaclubregister











London Young Counselling

UK based school counselling services.

LYC runs 1:1 confidential counselling sessions for students in school with one of our counsellors.

For more information on how we run, please see our details below or speak to a member of staff at the school.

www.londonyoungcounselling.com

schools@londonyoungcounselling.com



London Young Counselling LTD School Counselling Service















It's Christmas Time - Parents guide to help keep children safe online

It's Christmas Time!



A Parent's Guide to Social Media



A Parent's Guide to Sharing Pictures



A Parent's Guide to Gaming



A Parent's Guide to Online Grooming



phone's camera to see the guides on our website



A Parent's Guide to Live Streaming



A Parent's Guide to Online Influencers



A Parent's Guide to Fake News



A Parent's Guide to Privacy Settings

It's always best to be prepared

Many parents may be planning to give electronic gadgets to their children this festive period.

Our guide is designed to help parents take a realistic approach to help keep their children safe when using the internet, social media and playing online games.

Scan the QR code to find out more.

Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipsed.com Tel: +44 121 227 1941

Developed in partnership with







