



NEWSLETTER

Week ending 9th February 2024

NEWSLETTER W/E 9th February 2024

Dear Families,

It is hard to believe that we are once again at the end of another term - we are already half way through this academic year!

I would like to thank those year six parents who attended their child's class celebration this morning. This was followed by a Year six SATs parent workshop, residential presentation and information for parents on attendance.

Future dates, for class celebrations and parent workshops will be sent out soon.

We would like to inform you that Ms Dimsdale will be leaving us to continue her teacher training at another school. We appreciate this may be rather sudden for everyone and know you will want to wish Ms Dimsdale the best of luck in her future. Our Assistant Headteacher, Mr Ali, will be teaching the Year 3 class for the remainder of the year.

*Mrs Smith
& Mr Hall*



DIARY DATES

12/2/24 - 16/2/24 - Half term

23/2/24 - Bow Art Workshop for Y5 & Y6

26/2/24 - Bow Art Workshop for Y3 & Y4

27/2/24 - Bow Art Workshop for Y1 & Y2

SCHOOL NOTICE BOARD

On our return your children will be working on a whole school project with Bow Arts and Artist Francesca Telling on a project with a focus on weaving, to create a collaborative artwork for the school. Children will be encouraged to consider themes of connection, community and a sense of belonging. We are asking children to bring in old textiles from home (e.g. clothes, bed sheets, curtains, tablecloths) which can be torn into strips and woven with. Some of the artwork created will be exhibited at the Poplar Celebration Event at Poplar Union in March 2024.



We have an amazing experience and opportunity planned for the children in our first week back, with a visit from London Lions captain and Team GB basketball star Joseph Ikhinmwini. Joe has set the children a challenge, they will be bringing home sponsorship forms, please support and encourage them as much as possible to complete their activities on the day.

Joe grew up in East London, where he lived with his dad and 3 brothers. His PE teacher first introduced him to basketball, where he fell in love with the sport, and began his basketball career at the age of 14. He first represented England internationally while still in school, and later captained the under-20 Great Britain team at the European Championships.





SCHOOL NOTICE BOARD

Flamingo class

We have had a good term when we were having fun during our lessons and activities and being kind to each other. Our topic for this half term was “Once upon a time” and we have enjoyed listening to songs, watching short fairy tale stories and making topic related arts and crafts. Our book of the term was “The Goldilocks and the three bears” and we have read it daily and had lots of fun using teddies and other toys to make it into a sensory story – the children especially enjoyed different voices of the book characters;) As usual, there is also weekly focus on one letter and one number. We all love multi-sensory based learning and taking part in sessions like Attention Autism, What’s in the box, musical interaction, large dice and stretchy band activities – all these activities support attention, focus and turn taking skills of our pupils. We are enthusiastic about the next half-term and all the exciting opportunities to learn new things!

The Flamingo team

Nursery

Nursery have had a wonderful start to the year. We have had great fun exploring our literacy topics ‘Naughty bus’ and ‘dear zoo. We have been creating story maps, re-enacting, role playing and innovating the stories. We have enjoyed exploring our learning further in our enhanced provision both indoors and outdoors.

During our naughty bus topic, we had our very own bus in the classroom and added to the role play area each day. We added a bus stop, oyster cards, bus tickets, dress up and really enjoyed pretending to be different characters traveling on the bus to different destinations.

Whilst exploring ‘Dear zoo’ the children have enjoyed developing their fine motor skills through making zoo animal cages with playdough and sticks as well as wooden blocks and shaving foam. This was also a great opportunity to explore mathematical language such as positional language, shape, size etc.

The children have all been trying really hard to write their names/ practicing handwriting patterns in the mornings and have taken a real sense of pride in their achievements.

In RE our topic has been Celebrations! We have enjoyed learning about different types of celebrations such as how we celebrate new year, chinese new year, persian new year and Holi. Thank you for your continued support with your child's learning. And thank you for taking the time to discuss your children's progress during parent consultations this week! I hope you all have a wonderful half term and look forward to seeing you all again after half term.

Nursery team

SCHOOL NOTICE BOARD

Reception

It's been a crazy and eventful term in Reception! We had a very unexpected visitor that entered our classroom and turned it upside down. As a result all of the children became great detectives (give Sherlock Holmes a run for his money) in order to investigate this mystery and solve the crime. The children made gadgets and wanted posters which they posted everywhere to catch the Monster! This week, as part of our Understanding of the World, the children have been learning about the Chinese New Year festival which is celebrated by Chinese people all around the world. This year it is the year of the dragon and the children made a dragon and practiced the dragon dance together as a class. We also worked on our fine motor skills by learning how to use chopsticks. In math's the children have been learning about numbers 6,7 and 8 in greater depth and also been learning to count in 2s and find pairs as well as finding odd even even numbers. Thank you for your continuous support with your children's learning. We hope you have a wonderful break and we look forward to seeing you all refreshed and ready for another term full of fun learning! Reception Team.

"I liked making the dragon. I also liked making my monster machine." Jacob

"I liked doing learning, HFW." Noah

"I loved going on the monster hunt." Jasai

Year 1

Year 1- Owl class- has had a wonderful Spring term. The children have enjoyed reading and innovating the story Katie in London. In math the children have mastered how to add and subtract within 20. The class has especially enjoyed science this term; Everyday Materials. Children investigated which materials are waterproof ad not waterproof. This half term, the children learned all about parables from the bible and how we can learn from the stories and use them in our day to day life. Thank you for your continued support, have a great half term from the Year 1 team.

"I enjoyed testing different materials to find out which ones are waterproof." Oyemi.

"I enjoyed learning about the different bible stories. We learnt about the foolish builder, we made house on soil and on clay."Hawa



SCHOOL NOTICE BOARD

Year 2

In this term, Year 2, Swan class have been learning about the lonely beast. Children innovated the story and changed the main character. In maths children have been learning about 2D and 3D shapes. They looked at the properties of the different 2D and 3D shapes. In science, children have been investigating the life cycle of a frog. They then looked at the growing and changes in humans. In RE, children understood how Christians are Baptised. They enjoyed discussing the different celebrations people celebrate.

“I enjoyed learning about the different shapes.” - Bushra

“I enjoyed learning about the life cycle of a frog– Jisan

Year 3

Year 3, Parrot class has had a great Spring 1 term. We have enjoyed reading *The Foxes and the Ghost King* written by Michael Morpurgo. In literacy, we have been writing a non-chronological report about the River Nile and some poems. We were fortunate to have met Rakaya Fetuga who inspired us and helped us get ready for the Tower Hamlets Poetry Slam that will take place at the end of February. In maths, we have deepened our understanding of multiplication and division. This half term, in science, we have learned about forces and magnets. We have experienced contact forces, rolling and kicking a ball as well as non-contact forces such as gravity and magnetism. In PE, we developed the fundamental skills of balancing, running, jumping and hopping; we particularly enjoyed playing “Catch the Flag” and “Hopscotch”! Thank you for your continued support. We wish you a peaceful and restful week. We hope you all have a lovely break and everyone comes back refreshed and ready for Spring 2 Term. Thank you, Year 3 team.

“I liked learning about the Stone Age because we were able to touch and see objects from that time.” Lillie-Jane

“I liked the way we learned science lessons because we were experimenting with magnets. “
Namir



SCHOOL NOTICE BOARD

Year 4

This half term, in English, we have looked at the effects of deforestation related to the Great Kapok Tree (by Lynne Cherry); we have been busy listening to the voices of those who live in the rainforest, expressing these through writing persuasive letters to stop deforestation, destroying habitats. Reading is essential, pupils should read daily at home for 20 minutes at a minimum, this instills creativity and imagination. In class we have read The Miraculous Journey of Edward Tulane (Katie Diccamilo) which the children loved. In Maths, we have learnt how to solve multiplication, division calculations and solve word problems using part-whole method, short division and long multiplication; consolidation in this topic is strongly encouraged as most pupils struggled with this. As part of our History learning, we have been exploring Viking trade, religion and life. In Art, Swallow Class have been developing their observation skills in drawing real life objects based on the artwork of Gorgeio Morandi. For RE the pupils have looked at miracles Jesus performed, it was great to hear them reflect on Jesus feeding the 5,000 and his rescue of Lazarus. In science, we have been looking at the human teeth structure and how this relates to digestion. The children were really engaged and some shared their expert knowledge with others. Making moving plants in DT was fun, all the children enjoyed assembling different levers and linkages to get their plants moving! We hope you have a restful half term holiday!

"I enjoyed writing for the great kapok tree," Shaniya.

"Making moving plants was fun!" Casey.

Year 5

This half-term, Year 5 have made an exceptional effort to settle back into our school routine and have displayed tremendous progress in their learning. In Literacy, they have been diving into the captivating world of 'The Firework-Maker's Daughter', exploring its themes and characters with enthusiasm and insight. In Mathematics, they have been mastering multiplication using various methods including place value charts, counters, and the column method, demonstrating a solid understanding of mathematical concepts. Moreover, they have seamlessly adapted to the new curriculum, showcasing exceptional work across all their subjects. It's been truly inspiring to witness their dedication and progress.

"I've really been enjoying Literacy, especially the hot-seating task we did, when we became journalists and interviewed Lila." **Fatima**

"I find History really interesting, I am fascinated by the Maya and their inventions!" **Ava-Louise**

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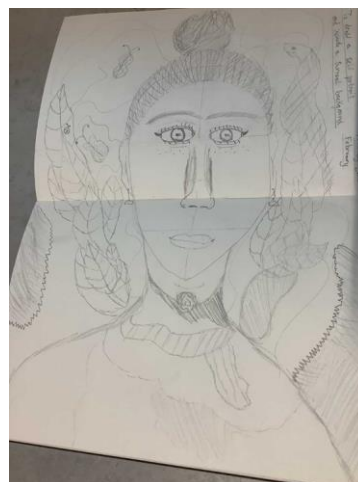
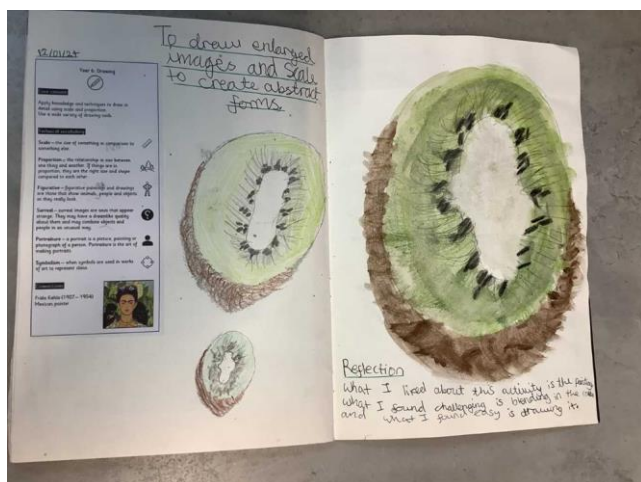
Year 6

This half term, in English, we have delved into the world of Kensuke's Kingdom; we had lively debates and wrote informative discussion texts weighing up arguments in support of and against a sailing trip adventure for the main character and his family. In maths, we have learnt about decimals, ratio and algebra. Please support your child with homework on these topics in preparation for their SATs. We have been learning about the trials and tribulations Caribbean citizens went through during the Windrush Generation post WW2, in history. Dove class are quite the artists; for art, we have been sketching surreal drawings based on Frida Kahlo's artwork. Children have drawn wonderful pieces of artwork including self-portraits conveying their mood and feelings through unreal, dream-like images. In science, we have been exploring Carl Linnaeus' taxonomy system to class, sort and order animals. We have been specifically focussing on vertebrates and invertebrates and used a dichotomous key to help sort them. Dove class has rounded up the half term with our class show and tell assembly and a SATs workshop. We hope you have enjoyed it. We wish you a restful half term holiday!

"I enjoyed sketching and painting a cross -section of a kiwi and experimenting with scaling and enlarging drawings." Arisha

"My favourite lessons were art; I particularly enjoyed learning about Frida Kahlo and drawing inspiration from her for my self-portrait." Ajmal

"I liked solving challenging algebra problems." Logan





SCHOOL NOTICE BOARD

ATTENDANCE MATTERS

Our school target is 96%
This week: %

1st place: Year 2
with 97%
Our school target is 96%

Congratulations to the top classes this week!

Best punctuality (fewest lates)
Nursery – 2 lates

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

Our attendance policy is on our school website.
Paper copies are available from the office.

The Attendance Welfare Officer (AWO) checks our school registers regularly and will contact parents by letter, telephone or a home visit if there is a cause for concern. Formal referral of pupils with persistently less than 90% attendance may be made. Be aware that parents can ultimately be prosecuted for non-attendance offences.



SCHOOL NOTICE BOARD

STARS OF THE WEEK

Reception	Aliysha	For trying really hard to participate in Phonics.
	Amani	Coming back into school and emerging herself in learning and doing a fantastic piece of writing.
Year 1	Ibadat	For writing a good story.
	Nazeerah	For writing a good story.
Year 2	Elsie	For being on tasks and really working hard.
	Kiyaan	For always trying his best.
Year 3	Christabel	For being an "always child". She has great attitude to learning, is helpful and kind to others.
	Winston	For great participation in class and for being helpful and kind.
Year 4	Saqeef	For always trying his best.
	Janelle	For being a role model to others.
Year 5	Omar	For being incredibly responsible and always showing great sportsmanship.
	Ariana	Voluntarily supporting her peers and working collaboratively with them.
Year 6	Kavell	For working collaboratively with his team during P.E.
	Yahya	For being able to recall historical facts about the Windrush Generation
Flamingo	Michael	For walking independently through the school to his class and saying 'bye' to his teachers at the end of the day

SCHOOL NOTICE BOARD

POLITE NOTICE

At St. Paul with St. Luke, we are very fortunate to have supportive and friendly parents/carers. Our parents recognise that educating children is a process that involves partnership between parents, class teachers and the school community. As a partnership, our parents will understand the importance of a good working relationship to equip children with the necessary skills for adulthood. For these reasons we continue to welcome and encourage parents/carers to participate fully in the life of our school. However, if a parent/carer's conduct falls short of this we will take necessary steps to address this.

Every child has the right to be on the school site but parents and carers are invited, therefore we remind you that you must conduct yourself in line with our code of conduct policy.

This policy is on our website and paper copies are available from the office.



CLUB INFORMATION

All clubs must be paid through Parent Pay, we no longer accept cash payments.

If you require your *Parent Pay* login, please see the office. In addition, if you require help with your *Parent Pay* account, please see Madeha or Demi.

ALL clubs finish at 4:15 except Arabic Club which finishes at 4:30.

SCHOOL NOTICE BOARD

Health Needs of Tower Hamlets White Other Population

8 January 2023 – 16 February 2023

Tower Hamlets Department of Public Health is seeking your help in identifying the health and social care needs of Tower Hamlets residents who self-construct ethnicity as 'white other':

- It will take no more than 30 minutes of your time
- Conversations will be held over the phone or via MS Teams
- Conversations will be at a time of your choosing
- You will be offered a £15 Love2shop gift voucher

To participate, please contact:

Dr Cyril Eshareturi

Tel: 07759303286

Email: Cyril.Eshareturi@towerhamlets.gov.uk

The best of London in one borough





SCHOOL NOTICE BOARD



Family Hubs Launch Event

Join us in February Half Term for free Family Fun in Millwall Park and Isle of Dogs Family Hub.

For more information and to sign up, go to tinyurl.com/4uxrupt4 or scan the QR code.



Thursday 15 February 2024
11am – 3pm

Face painting

Smoothie bikes

Skating

Bouncy castles

Petting zoo

Soft play



thfamilyhubs.co.uk

SCHOOL NOTICE BOARD



Free if you have a post code starting with E3 5 or E3 2!

FEB HALF-TERM DRAMA CLUB

Monday 12th - Friday 16th February
9am - 1pm

For 5 to 11 year-olds



PURPLE
MOON
DRAMA
BELIEVE | PRACTISE | CREATE

Eastside Community Centre
62 Parnell Road
Bow
E3 2RS

Action for Bow



SCHOOL NOTICE BOARD

What are your plans for your children during the February half term holiday?

Looking for an affordable childcare option that keeps your kids happy and entertained and includes hot lunches?

Book our Half-Term Holiday Drama Club!

The club includes arts & crafts, fun drama games, and movement activities and is led by trained and DBS-checked facilitators.

Prices

Free if your postcode starts with E3 5 or E3 2 or £10 per day without

Free Places

We are offering free places to children who are eligible for benefits related free school meals. See our website for full eligibility details.



Action for Bow

Find out more and book at:
[purplemoondrama.co.uk/
dramaclubregister](https://purplemoondrama.co.uk/dramaclubregister)

PURPLE
MOON
DRAMA

BELIEVE | PRACTISE | CREATE

SCHOOL NOTICE BOARD



Bow Arts working with SPSL

This term some class will be working with artist from Bow Arts – who have been working with schools across London since 1995, inspiring children through exciting arts-based learning.

This term, during the workshops for the children will be learning how to weave using different processes.

We are asking for your donations. If you have any old material: clothes, tablecloths or bedding that you no longer need then please donate them to the school for this exciting project.





SCHOOL NOTICE BOARD

Food Bank @ Spotlight

Monday 12th Feb 2 - 4pm

First come first served

ht.
CA



SCHOOL NOTICE BOARD

At St Paul with St Luke, we place a huge emphasis on physical education, our children being fit and healthy has a big impact on their wellbeing in their lives now and sets them up for their future fitness, physical and mental. The NHS recommendations are <https://www.nhs.uk/live-well/exercise/exercise-guidelines/physical-activity-guidelines-children-and-young-people/#:~:text=aim%20for%20an%20average%20of,movement%20skills%2C%20muscles%20and%20bones>

Along with improvements in physical health, exercise and sport support and protect children's mental health including decreasing anxiety, depression and improving behavioural difficulties.

<https://www.healthline.com/health-news/exercise-benefits-children-physically-and-mentally> Research shows that a child's fitness in their primary years affects their heart, lung and mental health in later years.

To support this we have brought in specialist coaches from West Ham, to deliver sessions that run alongside lessons taught by class teachers. In these sessions, the children are able to develop their individual and team skills. Children from years 3 to 6 have a term and a half of swimming lessons per year.

We ask you to make sure that children are encouraged to attend swimming lessons as there are lots of reasons why learning to swim is vital to children.

The most important reason is that swimming is the only sport which can save your child's life. Drowning is still one of the most common causes of accidental death in children, so being able to swim is an essential life-saving skill, especially when living close to canals. It is important to remember that children who appear water-confident are not always competent swimmers.

Swimming is lots of fun for people of all ages and children especially love getting in the water and enjoying themselves. But it is not just fun, swimming also provides many health benefits which can help to keep your children healthy and happy at the same time:

Swimming keeps your child's heart and lungs healthy, improves strength, and flexibility, increases stamina and even improves balance and posture. Another great thing about swimming is that it is accessible to children of any age or ability.

Swimming provides challenges and rewards accomplishments, which helps children become self-confident and believe in their abilities irrespective of how far they can swim, just to start can be a success in overcoming challenges. Your child will have plenty of opportunities to grow in confidence in a safe environment with trained experts.

Please remember that a PE kit is simple, it is not a time to show if you own a brand name in tracksuits. As the weather draws colder, we are increasingly having PE inside the hall as much as possible and hope to be able to get the children to dry their hair before coming away from the swimming pool. We, like you know that colds are viral but it is unpleasant to feel wet hair when it is so cold outside so please do allow your child to have a big towel or hair towel for drying whilst we negotiate other ways of doing so.



Sheet 49

Storytelling!

Storytelling special edition. Ideas to support learning through storytelling.

Picture Story with Photos (Early Years)

Ask your child to choose a picture, glue it on to the paper. Encourage your child to make up a story, prompt them with how, what and why questions. Paraphrase the story and write it down for your child. Read the story back to them.



Using unrelated objects as prompts (KS1)

Show your child two unrelated pictures and ask them "if you wanted to use these two things in a story, what could your story be about?" Encourage your child to think about some simple beginnings. Possible responses could be;

A boy found an old key in a tiny cottage. The girl used the old key and opened the door of the antic wardrobe, she found herself in a land of little people who lived in tiny cottages.

The boy visited his grandma at her cottage in the country and he found a magic key.

Newspaper Clipping

Newspaper stories can be a huge source of inspiration. Interesting and unusual stories can be stuck into a scrap book and your child can then write a story about the extract of their choice.



Rewrite a known story (KS2)

Rewriting a known story with a different ending or a different character is a great way to generate inspiration.

For example:

What if the story of Cinderella took place on Mars?

What if the three little pigs were three little wolves and the big bad pig wanted to eat them for dinner?

Swapping Characters-

Snow White and the Magic Beans

Jack and Seven Dwarfs

SCHOOL NOTICE BOARD

SEND SUPPORT GROUP



- **Come and meet other parents**
- **Share information**
- **Younger children welcome**
- **Monthly guest speakers**
- **No diagnosis needed**

This terms sessions are:

January 11th and 25th

February 8th and 22nd

March 14th and 28th

10am -12pm

For more information contact:

Tower Hamlets & City SEND IASS

30 Greatorex Street, Whitechapel, London E1 5NP

020 7364 6489



Tower Hamlets and City
SEND IASS

Your guide to information and
services for families in Tower Hamlets

LOCAL OFFER
www.localoffer.org.uk

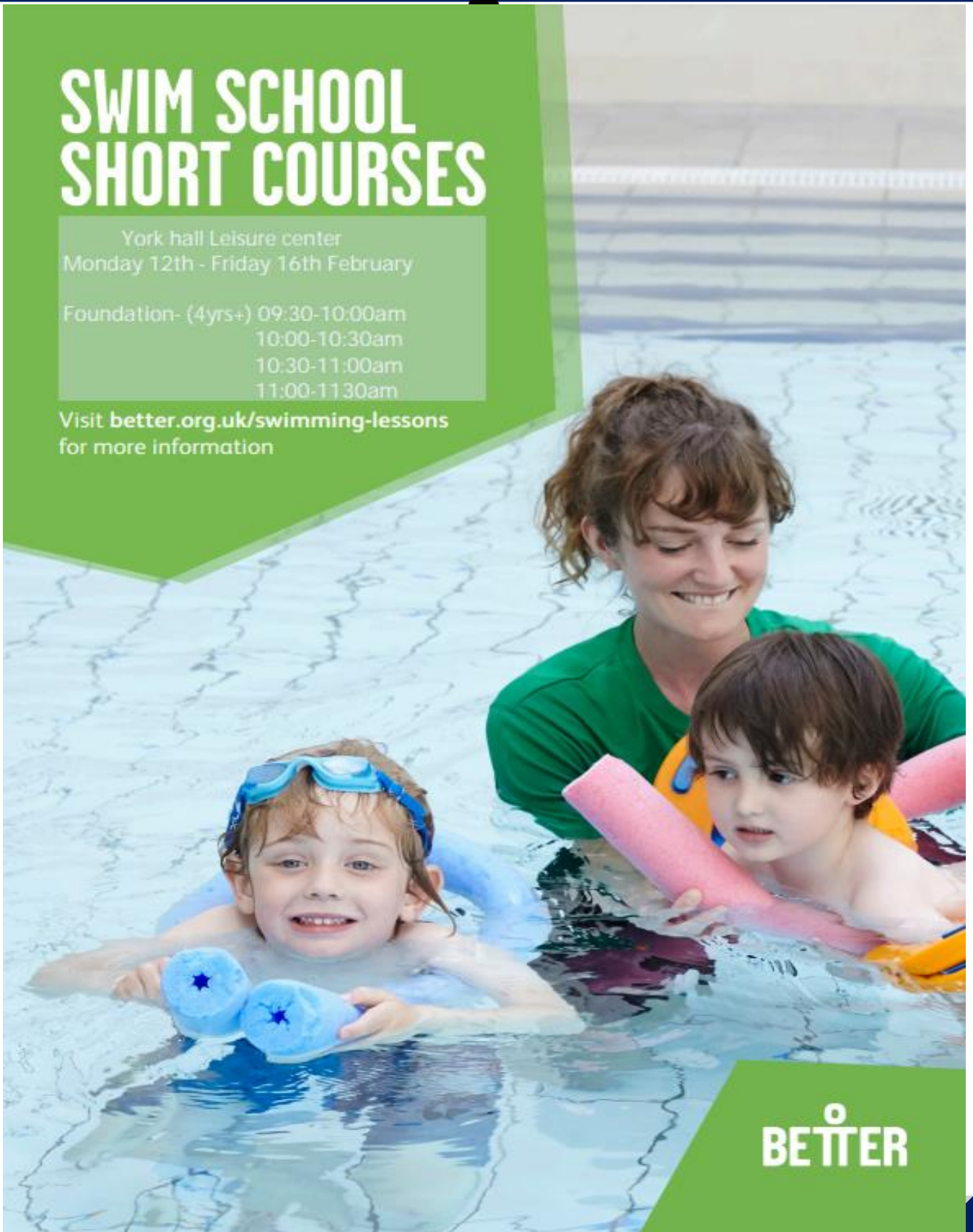
SCHOOL NOTICE BOARD

SWIM SCHOOL SHORT COURSES

York hall Leisure center
Monday 12th - Friday 16th February

Foundation- (4yrs+) 09:30-10:00am
10:00-10:30am
10:30-11:00am
11:00-11:30am

Visit better.org.uk/swimming-lessons
for more information



BETTER

SCHOOL NOTICE BOARD

FamiliesMatter

Parent and Family Support Service



Emotional First Aid

A course to support parents' emotional health and well-being
Bengali speaking programme

Is everyday life sometimes stressful?
Feeling pressured by children and family life?
You're not alone! Take time out for self-care.

Venue:	Stepney Park Primary School Smithy Street London E1 3BW
Date:	Wednesday mornings (6 weeks course) 24 January, 31 st January, 7 th February, 21 st February, 28 th February & 6 th March 2024
Time:	10am-12.30pm
How to refer:	Self-referrals are accepted - please email: parenting@towerhamlets.gov.uk or call on 020 7364 6398
During the course you will:	
<ul style="list-style-type: none"> ✚ Meet other parents and build up a network of support. ✚ Discover new ways to manage your worries. ✚ Identify the early signs of anxiety in adults, children, and young people. ✚ Find out about services available in Tower Hamlets to support families. 	



SCHOOL NOTICE BOARD



SCHOOL NOTICE BOARD



We invite you to a Coffee Morning hosted by Adam from Sustrans on 1st of March at 8:45am.



The programme aims to increase levels of cycling to school through tailored assistance and activities to meet each schools needs and create a pro-cycling culture. Bike It Officers (BIOs) work with pupils, staff, parents and the wider community to achieve.

Bike It Plus is funded by Transport for London and your Local Authority and delivered by Sustrans in partnership with your Local Authority.



sustrans
JOIN THE MOVEMENT

