



## **NEWSLETTER**

Week ending 1<sup>st</sup> March 2024



## NEWSLETTER W/E 1<sup>st</sup> March 2024

Dear Families,

What an amazing week we've had! Lots of things to celebrate and to be proud of. Classes from Y1 - 6 have now worked with the artist from 'Bow arts' and we are looking forward to seeing the children's artwork displayed in the school. The girls football team took part in a Tower Hamlets competition and we are very proud of how well the children represented the school.

Our Year three children, who have been taking part in poetry slam, had the finale on Wednesday and we are very excited to be able to share with you that they won the award for the 'best audience'. The behaviour of the children was impeccable and they were perfect role models for the school!

Thank you to the parents, who were able to attend the Year 4 assembly today and also the parent workshop that followed after, where a presentation on the Year 4 Multiplication Check was given.

As you will be aware in last weeks newsletter we provided the link, for parents to ask any question and learn more about the schools ongoing partnership with St Saviour's. If you have not already had time to look at the proposed federation document then please follow the following link: <https://www.spsl.towerhamlets.sch.uk/parent-message-board/>

Have a good weekend.

*Mrs Smith  
& Mr Hall*



## DIARY DATES

05/03/24: Tree planting workshop for Y1

06/03/24–13/03/24: Travelling book fair

11/03/24–22/03/24: Big Walk Challenge

26/04/24: Pollination/fruit session for Y1 & Y2



## SCHOOL NOTICE BOARD

# Proposed Federation meeting for parents

## 20/02/24 A Vision for Excellence and Unity

Do have a read of our exciting federation proposal that seeks to unite two loved Church of England primary schools under a shared governance structure, fostering a collaborative environment where best practices, resources, and expertise are seamlessly integrated. This initiative is designed to uphold the unique ethos and values of each school while leveraging their collective strengths to deliver an enriched educational experience.

Please read our consultation document on the link below and complete the form, attend a meeting or speak with a senior leader.

We look forward to our next step in our school's journey

Fanoula Smith, Executive Headteacher.

[Proposal to federate St Paul with St Luke's and St Saviour's Primary Schools Feedback Form](#)

**If you would like to learn more or have any question about the proposed federation then please join the parent meeting on Wednesday 6th March at 10.00am using the following zoom link:**

### **Federation parents meeting 2**

Scheduled: 6 Mar 2024 at 10:00 to 10:30, GMT

Location:

<https://us02web.zoom.us/j/88616454691?pwd=bTJpSmx6SEwxR1AxeUtFMIFSbHMxdz09>

Tracey Lee is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://us02web.zoom.us/j/88616454691?pwd=bTJpSmx6SEwxR1AxeUtFMIFSbHMxdz09>

Meeting ID: 886 1645 4691

Passcode: 112390



## SCHOOL NOTICE BOARD

# ATTENDANCE MATTERS

**Our school target is 96%**  
**This week: 88%**

**1<sup>st</sup> place: Year 2 with 97%**  
**Our school target is 96%**

**Congratulations to the top class this week!**

**Best punctuality (fewest lates)**  
**Year 2 – 3 lates**

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

Our attendance policy is on our school website.  
Paper copies are available from the office.

The Attendance Welfare Officer (AWO) checks our school registers regularly and will contact parents by letter, telephone or a home visit if there is a cause for concern. Formal referral of pupils with persistently less than 90% attendance may be made. Be aware that parents can ultimately be prosecuted for non-attendance offences.





## SCHOOL NOTICE BOARD



### STARS OF THE WEEK



Reception	Yetiah	For being independent learner and coming up with beautiful pieces of artwork that she planned out.
	Zayden	For starting to blend, segment and write in a full sentence.
Year 1	Hayden	For writing independently.
	Scarlett	For forming and writing numbers up to 10.
Year 2	Yunus	For being a great role model
	Hafsah	For trying extremely hard during her Literacy lessons.
Year 3	Mehjabin	For her performance at poetry slam.
	Tagim	For facing his fear and challenges at swimming.
Year 4	Nabil	For working really hard and being good role models.
	Maira	For working really hard and being good role models
Year 5	James	For singing beautifully during choir with Mr Bruce and setting a positive example for his class.
	Eliana	For displaying remarkable resilience in the face of challenges and continuing to apply herself at school.
Year 6	William	For writing an excellent description of a setting using similes and expanded noun phrases.
	Aisha	For writing a detailed essay based on all our lessons on the windbrush generation.
Flamingo	Leonidas	For socialising with everyone in his class.



## SCHOOL NOTICE BOARD

### POLITE NOTICE

At St. Paul with St. Luke, we are very fortunate to have supportive and friendly parents/carers. Our parents recognise that educating children is a process that involves partnership between parents, class teachers and the school community. As a partnership, our parents will understand the importance of a good working relationship to equip children with the necessary skills for adulthood. For these reasons we continue to welcome and encourage parents/carers to participate fully in the life of our school. However, if a parent/carer's conduct falls short of this we will take necessary steps to address this.

Every child has the right to be on the school site but parents and carers are invited, therefore we remind you that you must conduct yourself in line with our code of conduct policy.

This policy is on our website and paper copies are available from the office.



**Zairah – Year 4**  
**Fabeha – Reception**  
**Anaya – Year 3**

### CLUB INFORMATION

**All clubs must be paid through Parent Pay, we no longer accept cash payments.**

**If you require your *Parent Pay* login, please see the office. In addition, if you require help with your *Parent Pay* account, please see Madeha or Demi.**

***ALL clubs finish at 4:15 except Arabic Club which finishes at 4:30.***





## SCHOOL NOTICE BOARD

At St Paul with St Luke, we place a huge emphasis on physical education, our children being fit and healthy has a big impact on their wellbeing in their lives now and sets them up for their future fitness, physical and mental. The NHS recommendations are <https://www.nhs.uk/live-well/exercise/exercise-guidelines/physical-activity-guidelines-children-and-young-people/#:~:text=aim%20for%20an%20average%20of,movement%20skills%2C%20muscles%20and%20bones>

Along with improvements in physical health, exercise and sport support and protect children's mental health including decreasing anxiety, depression and improving behavioural difficulties.

<https://www.healthline.com/health-news/exercise-benefits-children-physically-and-mentally> Research shows that a child's fitness in their primary years affects their heart, lung and mental health in later years.

To support this we have brought in specialist coaches from West Ham, to deliver sessions that run alongside lessons taught by class teachers. In these sessions, the children are able to develop their individual and team skills. Children from years 3 to 6 have a term and a half of swimming lessons per year.

We ask you to make sure that children are encouraged to attend swimming lessons as there are lots of reasons why learning to swim is vital to children.

The most important reason is that swimming is the only sport which can save your child's life. Drowning is still one of the most common causes of accidental death in children, so being able to swim is an essential life-saving skill, especially when living close to canals. It is important to remember that children who appear water-confident are not always competent swimmers.

Swimming is lots of fun for people of all ages and children especially love getting in the water and enjoying themselves. But it is not just fun, swimming also provides many health benefits which can help to keep your children healthy and happy at the same time:

Swimming keeps your child's heart and lungs healthy, improves strength, and flexibility, increases stamina and even improves balance and posture. Another great thing about swimming is that it is accessible to children of any age or ability.

Swimming provides challenges and rewards accomplishments, which helps children become self-confident and believe in their abilities irrespective of how far they can swim, just to start can be a success in overcoming challenges. Your child will have plenty of opportunities to grow in confidence in a safe environment with trained experts.

Please remember that a PE kit is simple, it is not a time to show if you own a brand name in tracksuits. As the weather draws colder, we are increasingly having PE inside the hall as much as possible and hope to be able to get the children to dry their hair before coming away from the swimming pool. We, like you know that colds are viral but it is unpleasant to feel wet hair when it is so cold outside so please do allow your child to have a big towel or hair towel for drying whilst we negotiate other ways of doing so.



## SCHOOL NOTICE BOARD



A huge well done to all of our children for their enthusiasm and hard work during their sponsored exercise circuits with Team GB and London Lions Basketball star Joseph Ikhinmwin. The children had lots of fun and raised a wonderful amount of money at last week's event.







## SCHOOL NOTICE BOARD



Congratulations to our girls football team, who represented the school with pride, passion and no shortage of football ability this week. The Tower Hamlets' tournament was fantastically well attended, with more than twenty schools playing. Well done girls!



## SCHOOL NOTICE BOARD



# POETRY SLAM



*Year 3 had a fantastic opportunity to take part in The Poetry Society's 'Poetry Slam'. The children participated in poetry workshops and as part of the 'Slam' attended and performed at the 'Finale' on Wednesday 28th February. Year 3 won the 'Best audience' award. They were all fantastic and made SPSL proud.*





## SCHOOL NOTICE BOARD



# WORLD BOOK DAY FRIDAY 8TH OF MARCH 2024

Nursery: What The Ladybird Heard  
Reception: Bedtime for Monsters  
Year 1: Gingerbread Man  
Year 2: Charlie and The Chocolate  
Factory  
Year 3: Stone Age Boy  
Year 4: Each Peach Pear Plum  
Year 5: The Firework-Maker's Daughter  
Year 6: Wizard of Oz

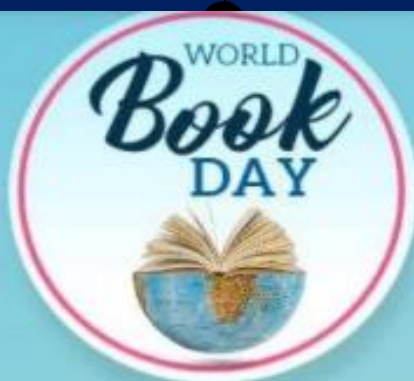
This year, the theme for costumes for World Book Day will be according to what book each class has chosen.







## SCHOOL NOTICE BOARD



Thursday, 7<sup>th</sup> March



**Cloudy with a Chance of Meatball  
& Spaghetti**

Chicken & Sweetcorn Meatballs in Tomato Sauce  
with Spaghetti

**The Secret Garden Vegetable Pie**  
Vegetable Pie

**All with**

**Little Rabbit Foofoo's Carrots/ Sliced Carrots**  
**Jack's Magic Beans/ Green Beans**

**Followed By**

**Handa's Surprise Fruit Platter**

Fresh Fruit Platter



SCHOOL NOTICE BOARD

# Big Walk Challenge

## 11th - 22nd March 2024



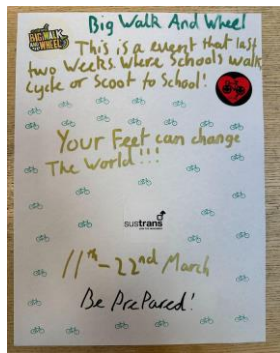
Sustrans Big Walk is the UK's largest walking, wheeling, scooting and cycling challenge. It inspires students to make active journeys to school, improve air quality, improve health and discover how these changes benefit their world.



*Our Bike It Crew: Mustafa, James, Omar, Jack and Zaina have made lovely posters.*

Classes who walk, use their bike or scooter to school between the 11th-22nd of March will receive points and may win a prize!

The Big Walk Challenge is an exciting competition for our school to compete with other schools across the UK for the most walking and cycling journeys. There are prize draws for equipment for the school too.







# SCHOOL NOTICE BOARD

**SCHOLASTIC** TRAVELLING BOOKS

**FREE BOOKS FOR YOUR SCHOOL WHEN YOU BUY AT THE BOOK FAIR!**

# COME TO the BOOK FAIR!

A POP-UP BOOK-STORE WITH HUNDREDS OF BOOKS FROM JUST £2.99

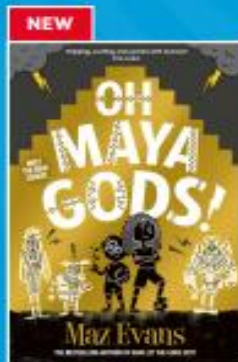
LAST YEAR, YOUR SUPPORT HELPED TO DONATE OVER £5.3M BOOKS TO SCHOOLS NATIONWIDE



£7.99 **£2.99**



**£7.99**



**£7.99**



£12.99 **£7.99**



**£7.99**



**£6.99**

Date:

## 12th of March AFTER SCHOOL

Scan the QR code to pay online!





## SCHOOL NOTICE BOARD



**RED  
NOSE  
DAY**

*Non uniform for  
all students*

*Wear your red nose  
Wear red clothing*

**RED NOSE DAY  
15th OF MARCH  
2024**



*Red Nose Day is about coming  
together to end child poverty,  
one nose at a time.*





## SCHOOL NOTICE BOARD

# SEND SUPPORT GROUP



- **Come and meet other parents**
- **Share information**
- **Younger children welcome**
- **Monthly guest speakers**
- **No diagnosis needed**

**This terms sessions are:**

**January 11th and 25th**

**February 8th and 22nd**

**March 14th and 28th**

**10am -12pm**

**For more information contact:**

**Tower Hamlets & City SEND IASS**

**30 Greatorex Street, Whitechapel, London E1 5NP**

**020 7364 6489**



Tower Hamlets and City  
**SEND IASS**

Your guide to information and  
services for families in Tower Hamlets



**LOCAL OFFER**  
www.localoffer.towerhamlets.gov.uk



## SCHOOL NOTICE BOARD

FamiliesMatter

Parent and Family Support Service



# Emotional First Aid

A course to support parents' emotional health and well-being  
Bengali speaking programme

Is everyday life sometimes stressful?  
Feeling pressured by children and family life?  
You're not alone! Take time out for self-care.

<b>Venue:</b>	Stepney Park Primary School Smithy Street London E1 3BW
<b>Date:</b>	Wednesday mornings (6 weeks course)  24 January, 31 <sup>st</sup> January, 7 <sup>th</sup> February, 21 <sup>st</sup> February, 28 <sup>th</sup> February & 6 <sup>th</sup> March 2024
<b>Time:</b>	10am-12.30pm
<b>How to refer:</b>	Self-referrals are accepted - please email: <a href="mailto:parenting@towerhamlets.gov.uk">parenting@towerhamlets.gov.uk</a> or call on 020 7364 6398
<b>During the course you will:</b>	
<ul style="list-style-type: none"> <li>✚ Meet other parents and build up a network of support.</li> <li>✚ Discover new ways to manage your worries.</li> <li>✚ Identify the early signs of anxiety in adults, children, and young people.</li> <li>✚ Find out about services available in Tower Hamlets to support families.</li> </ul>	

