



## **NEWSLETTER**

Week ending 23<sup>rd</sup> February 2024

## NEWSLETTER W/E 23<sup>rd</sup> February 2024

Dear Families,

We hope you have all had a lovely rest at half term, we are all shaking off winter and turning with hope, joy and optimism toward spring. We are over half the academic year, and soon it will be time to find out about which secondary school the children have been allocated or who is coming to Reception.

As part of the school's journey, Governors would like to consult on St Paul with St Luke and St Saviour's federating. The reasons driving this are all in the document and on our website, which can be found here: <https://www.spsl.towerhamlets.sch.uk/parent-message-board/>

One-form entry schools, one class per year group, are wonderful for the children because they are known, included, and belong, however, small schools face challenges. One challenge for teachers is that they can be isolated, consequently, working in partnership supports their professional development. Another challenge is financial so the funding to keep doing the things we believe are educationally important such as gardening, art, music and a wider curriculum that enables children to shine, academically and beyond. Please read the documents attached to this newsletter and reply to the clerk of governors.

Wishing you all a lovely weekend,



*Mrs Smith  
& Mr Hall*



### DIARY DATES

26/02/24: Bow Art Workshop for Y3 & Y4  
27/02/24: Bow Art Workshop for Y1 & Y2  
28/02/24: Gardening workshop for Y4  
05/03/24: Tree planting workshop for Y1  
06/03/24–13/03/24: Travelling book fair  
11/03/24–22/03/24: Big Walk Challenge

26/04/24: Pollination/fruit session for Y1 & Y2



## SCHOOL NOTICE BOARD

# ATTENDANCE MATTERS

**Our school target is 96%**  
**This week: 91%**

1<sup>st</sup> place: Year 2 with 98%  
2<sup>nd</sup> place: Reception with 97%  
Our school target is 96%

**Congratulations to the top classes this week!**

Best punctuality (fewest lates)  
Year 2 – 2 lates

**MOMENTS  
MATTER,  
ATTENDANCE  
COUNTS.**

Our attendance policy is on our school website.  
Paper copies are available from the office.

The Attendance Welfare Officer (AWO) checks our school registers regularly and will contact parents by letter, telephone or a home visit if there is a cause for concern. Formal referral of pupils with persistently less than 90% attendance may be made. Be aware that parents can ultimately be prosecuted for non-attendance offences.



## SCHOOL NOTICE BOARD



### STARS OF THE WEEK



Reception	Fabeha Hazera	For preserving and writing precise instructions on how to make pancakes. For coming back from holiday and trying really hard to engage with learning.
Year 1	Armaan Zaiba	For his great attitude for his great attitude towards learning. For being a lovely role model for her peers.
Year 2	Shanaya Mikaela	For being an excellent role model and story writing. For being an excellent role model.
Year 3	Ariana Ehsan	For her positive attitude towards learning. For his fantastic contribution during class discussion.
Year 4	Ariyan Khadija	For working hard and focusing all the time, trying his best in everything. For working hard and focusing all the time, trying her best in everything.
Year 5	James Ellie-Jane	For independently writing a descriptive explanation of water resistance. For giving a detailed explanation of Galileo's wonderful discoveries.
Year 6	Ridoan Amiah	For applying his comprehension skills in guided reading. For her effort and perseverance in Maths.
Flamingo	Ayat	For sharing a game and taking turns with her friends.

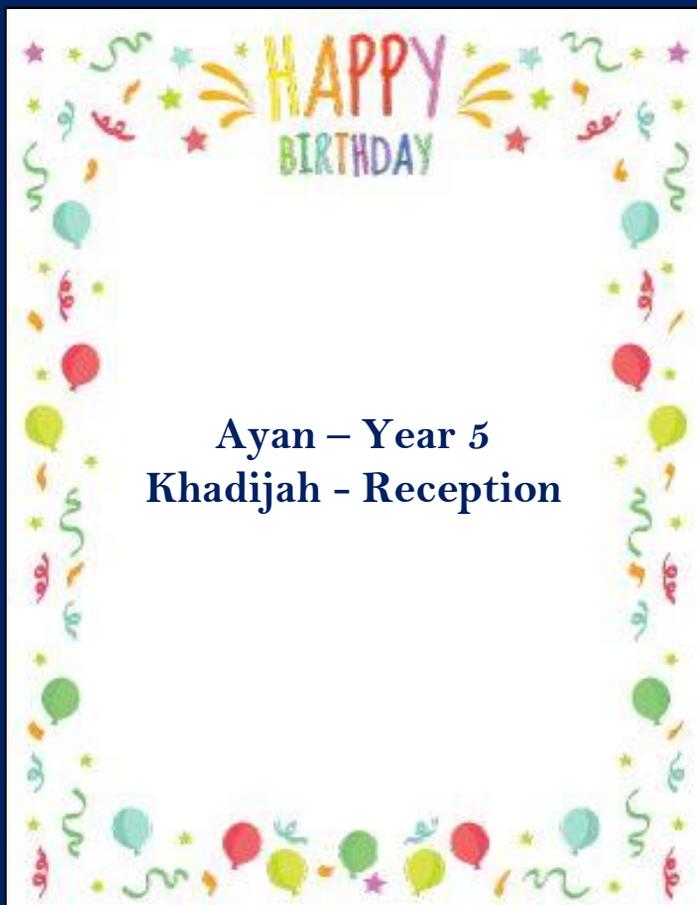
## SCHOOL NOTICE BOARD

### POLITE NOTICE

At St. Paul with St. Luke, we are very fortunate to have supportive and friendly parents/carers. Our parents recognise that educating children is a process that involves partnership between parents, class teachers and the school community. As a partnership, our parents will understand the importance of a good working relationship to equip children with the necessary skills for adulthood. For these reasons we continue to welcome and encourage parents/carers to participate fully in the life of our school. However, if a parent/carer's conduct falls short of this we will take necessary steps to address this.

Every child has the right to be on the school site but parents and carers are invited, therefore we remind you that you must conduct yourself in line with our code of conduct policy.

This policy is on our website and paper copies are available from the office.



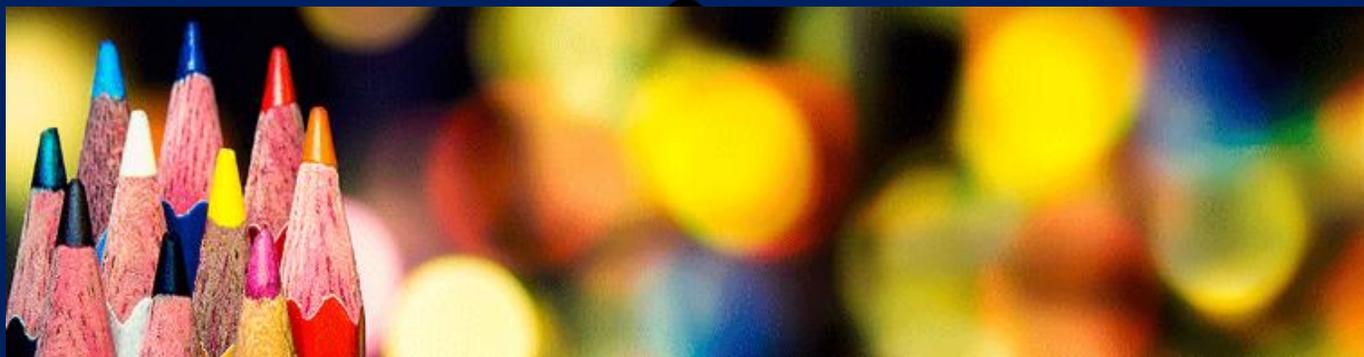
### CLUB INFORMATION

**All clubs must be paid through Parent Pay, we no longer accept cash payments.**

**If you require your *Parent Pay* login, please see the office. In addition, if you require help with your *Parent Pay* account, please see Madeha or Demi.**

***ALL clubs finish at 4:15 except Arabic Club which finishes at 4:30.***

## SCHOOL NOTICE BOARD



Dear Families,

### **Consultation for St Paul with St Luke school day times**

We are considering returning to the later start time of 8:45 - 3:30, rather than 8:30 - 3:15. We asked the children in years 3, 4, 5, and 6, and they said they preferred it; now it's time to ask you.

Could you please share your thoughts on the link we emailed to you?

Consultation will be open until Sunday night!

It will only take a few minutes.

Thank you.



## SCHOOL NOTICE BOARD



Please ensure that all sponsorship monies raised is either brought into school or paid online by Tuesday 27<sup>th</sup> February.



## SCHOOL NOTICE BOARD



### Bow Arts working with SPSL

This term some class will be working with artist from Bow Arts – who have been working with schools across London since 1995, inspiring children through exciting arts-based learning.

This term, during the workshops for the children will be learning how to weave using different processes.

We are asking for your donations. If you have any old material: clothes, tablecloths or bedding that you no longer need then please donate them to the school for this exciting project.



## SCHOOL NOTICE BOARD



**We invite you to a Coffee Morning hosted by Adam from Sustrans on 1<sup>st</sup> of March at 8:45am.**



The programme aims to increase levels of cycling to school through tailored assistance and activities to meet each schools needs and create a pro-cycling culture. Bike It Officers (BIOs) work with pupils, staff, parents and the wider community to achieve.

Bike It Plus is funded by Transport for London and your Local Authority and delivered by Sustrans in partnership with your Local Authority.



**sustrans**  
JOIN THE MOVEMENT





## SCHOOL NOTICE BOARD

At St Paul with St Luke, we place a huge emphasis on physical education, our children being fit and healthy has a big impact on their wellbeing in their lives now and sets them up for their future fitness, physical and mental. The NHS recommendations are <https://www.nhs.uk/live-well/exercise/exercise-guidelines/physical-activity-guidelines-children-and-young-people/#:~:text=aim%20for%20an%20average%20of,movement%20skills%2C%20muscles%20and%20bones>

Along with improvements in physical health, exercise and sport support and protect children's mental health including decreasing anxiety, depression and improving behavioural difficulties.

<https://www.healthline.com/health-news/exercise-benefits-children-physically-and-mentally> Research shows that a child's fitness in their primary years affects their heart, lung and mental health in later years.

To support this we have brought in specialist coaches from West Ham, to deliver sessions that run alongside lessons taught by class teachers. In these sessions, the children are able to develop their individual and team skills. Children from years 3 to 6 have a term and a half of swimming lessons per year.

We ask you to make sure that children are encouraged to attend swimming lessons as there are lots of reasons why learning to swim is vital to children.

The most important reason is that swimming is the only sport which can save your child's life. Drowning is still one of the most common causes of accidental death in children, so being able to swim is an essential life-saving skill, especially when living close to canals. It is important to remember that children who appear water-confident are not always competent swimmers.

Swimming is lots of fun for people of all ages and children especially love getting in the water and enjoying themselves. But it is not just fun, swimming also provides many health benefits which can help to keep your children healthy and happy at the same time:

Swimming keeps your child's heart and lungs healthy, improves strength, and flexibility, increases stamina and even improves balance and posture. Another great thing about swimming is that it is accessible to children of any age or ability.

Swimming provides challenges and rewards accomplishments, which helps children become self-confident and believe in their abilities irrespective of how far they can swim, just to start can be a success in overcoming challenges. Your child will have plenty of opportunities to grow in confidence in a safe environment with trained experts.

Please remember that a PE kit is simple, it is not a time to show if you own a brand name in tracksuits. As the weather draws colder, we are increasingly having PE inside the hall as much as possible and hope to be able to get the children to dry their hair before coming away from the swimming pool. We, like you know that colds are viral but it is unpleasant to feel wet hair when it is so cold outside so please do allow your child to have a big towel or hair towel for drying whilst we negotiate other ways of doing so.



## SCHOOL NOTICE BOARD

# SEND SUPPORT GROUP



- **Come and meet other parents**
- **Share information**
- **Younger children welcome**
- **Monthly guest speakers**
- **No diagnosis needed**

**This terms sessions are:**

**January 11th and 25th**

**February 8th and 22nd**

**March 14th and 28th**

**10am -12pm**

**For more information contact:**

**Tower Hamlets & City SEND IASS**

**30 Greatorex Street, Whitechapel, London E1 5NP**

**020 7364 6489**



Tower Hamlets and City  
**SEND IASS**

Your guide to information and  
services for families in Tower Hamlets

**LOCAL OFFER**  
Tower Hamlets



SCHOOL NOTICE BOARD

FamiliesMatter



Parent and Family Support Service

# Emotional First Aid

A course to support parents' emotional health and well-being  
Bengali speaking programme

Is everyday life sometimes stressful?  
Feeling pressured by children and family life?  
You're not alone! Take time out for self-care.

<p>+</p> <p><b>Venue:</b></p>	<p>Stepney Park Primary School Smithy Street London E1 3BW</p>
<p><b>Date:</b></p>	<p>Wednesday mornings (6 weeks course)  24 January, 31<sup>st</sup> January, 7<sup>th</sup> February, 21<sup>st</sup> February, 28<sup>th</sup> February &amp; 6<sup>th</sup> March 2024</p>
<p><b>Time:</b></p>	<p>10am-12.30pm</p>
<p><b>How to refer:</b></p>	<p>Self-referrals are accepted - please email: <a href="mailto:parenting@towerhamlets.gov.uk">parenting@towerhamlets.gov.uk</a> or call on 020 7364 6398</p>
<p><b>During the course you will:</b></p> <ul style="list-style-type: none"> <li>✚ Meet other parents and build up a network of support.</li> <li>✚ Discover new ways to manage your worries.</li> <li>✚ Identify the early signs of anxiety in adults, children, and young people.</li> <li>✚ Find out about services available in Tower Hamlets to support families.</li> </ul>	

