



NEWSLETTER W/E 26th April 2024

Dear Families,

Another busy and eventful week at St Paul with St Luke.

On Wednesday some of the pupil leaders and children from the school council went to Clifford Chance where they had the amazing opportunity to watch a world-class pianist - Igans Maknockas, play Schumann, Vine and Chopin pieces. We are so grateful to the CC team who we are lucky enough to have such a strong relationship with.

Other children this week went to the 'Urban Adventure Base' where they were supported in their cycling skills.

As always we've had the gardener working with us in school. I'm sure you will agree that the grounds at this time of the year are looking very inviting. We look forward to tasting the amazing produce that we have started to grow in our garden area.

wishing you a wonderful weekend,

*Mrs Smith
& Mr Hall*



DIARY DATES

02/05/24 - Polling day (School closed for ALL pupils)

06/05/24 - Bank holiday (School closed for ALL pupils)

13/05/24 to 17/05/24 - SATs week

03/06/24 to 05/06/2024 - Y6 Fair Play House residential

SCHOOL NOTICE BOARD

ATTENDANCE MATTERS

Our school target is 96%
This week: 90%

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**

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Our attendance policy is on
our school website.
Paper copies are available
from the office.

You must call the school office before
9am to report you child's absence or if
they will be late coming to school.

The Attendance Welfare Officer
(AWO) checks our school
registers regularly and will
contact parents by letter,
telephone or a home visit if
there is a cause for concern.
Formal referral of pupils with
persistently less than 90%
attendance may be made. Be
aware that parents can
ultimately be fined or
prosecuted for non-attendance
offences.

Failure to report your child's absence
would result in them getting an
authorised absence mark on the
register.

Attendance Matters



Every Day Counts....



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POLITE NOTICE



At St. Paul with St. Luke, we are very fortunate to have supportive and friendly parents/carers. Our parents recognise that educating children is a process that involves partnership between parents, class teachers and the school community. As a partnership, our parents will understand the importance of a good working relationship to equip children with the necessary skills for adulthood. For these reasons we continue to welcome and encourage parents/carers to participate fully in the life of our school. However, if a parent/carer's conduct falls short of this we will take necessary steps to address this.

Every child has the right to be on the school site but parents and carers are invited, therefore we remind you that you must conduct yourself in line with our code of conduct policy.

This policy is on our website and paper copies are available from the office.



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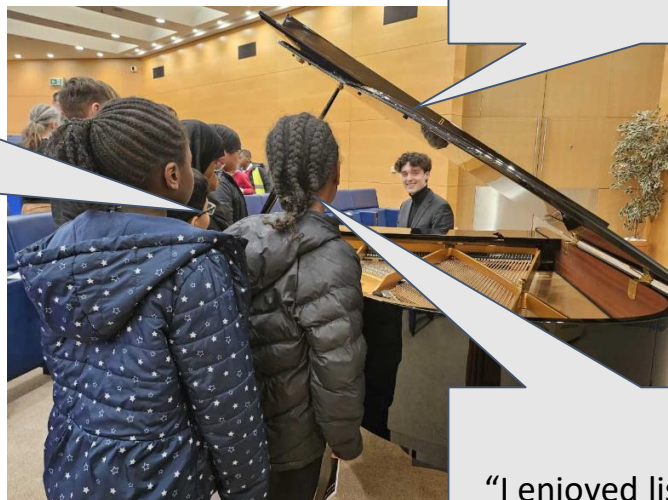
Year	Name	 STARS OF THE WEEK 
Rec	Sidra Noah	For writing continuously and becoming an independent writer. For coming into school with a big smile on his face.
Year 1	Eshan Scarlett	For counting in 10's up to 100. For counting to 20 independently.
Year 2	Hekmatullah Da'ud	For showing the ability to work independently to complete his task. For his contributions to class discussions and willingness to have a go.
Year 3	Mehjabeen Winston	For being an excellent role model. For always persevering and being a class role model.
Year 4	Amelia H Taiyeba	For her excellent contribution in Literacy. For sharing more idea during class discussions.
Year 5	Jack Benjamin	For being incredibly helpful towards his peers. For being confident enough to read to the whole class during an R.E lesson
Year 6	Mahdi Zaynah	For making more effort with his concentration during lessons. For making huge improvements in her arithmetic score.
Flamingo	Areeba	For integrating herself into the class and interacting with her peers.

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Earlier this week our School Counselors and Pupil Leaders went to Clifford Chance offices in Canary Wharf, where they had the opportunity to listen to a world-class pianist Igans Maknockas play Schumann, Vine and Chopin pieces.



"I enjoyed the different tempo the artist used"



The music made me feel happy - Hazera

"I enjoyed listening to the different pieces"

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BUILDING CONFIDENCE AND MANAGING ANXIETY IN YOUR CHILD

A 1 HOUR ONLINE WORKSHOP FOR PARENTS TO LEARN MORE ABOUT ANXIETY IN CHILDREN AND LEARN SOME TIPS FOR HOW TO BUILD CONFIDENCE IN THEIR CHILDREN

Join the meeting here

Thursday May 23rd at 2pm
for St Saviour's & St Paul with St Luke Parents

Delivered by Shaneka Simon
Educational Wellbeing Practitioner
Tower Hamlets Education Wellbeing Service

Triple P for Baby

Are you expecting a baby or are you a new parent with a baby under 12 months?

Join the Triple P for Baby programme

The programme will help you to:

- Adjust to life with your new baby
- Build a close relationship with your baby
- Support your baby's learning and development

Course content

- Creating the best environment for your baby
- Responding to your baby's cues
- Handling crying and comforting your baby
- Promoting good sleep habits
- Helping your baby learn and develop
- Taking good care of yourself as a new parent



Course structure

- Four weekly, classroom-based group sessions with other new parents
- Plus four individual consultations with a practitioner to reflect on your progress

Tuesdays
10:00am-12:30pm
30th April 2024 – 25th June 2024

Wapping & Bigland
Children and Family Centre, 15 Richard Street,
London E1 2JP

For more details and to book your place please
contact Zubair Ahmed on 020 7364 2240 /
pa@towerhamlets.gov.uk

The Healthy Families Programme – promoting a healthier lifestyle

Do you want tips on healthy meals and portions?

Do you want to help your whole family to be more active?

How much do you know about hidden sugars?

Are you confused by so called healthy branding?

Sessions include useful tips to make small changes that have a positive impact on family health and well being.
Sessions are practical, fun and accessible to all

If you would like to join a course or make a professionals referral for parent/carers, email
parentalengagement@towerhamlets.gov.uk

This programme is delivered by the Tower Hamlets Parental Engagement Team

Communities Keeping Well

Supporting you to live a healthier life



SCHOOL NOTICE BOARD



AMPLIFYING LIVES

Are you a woman of Black African (WBA) or Black Caribbean (WBC) heritage and living in East London? We want to hear from you and work with you!

Did you know that WBA and WBC often suffer worse health outcomes compared to other women of the same age in the UK?

We have created a survey to give us an insight into your experiences as part of our research. Please follow the link below or scan the QR code to fill out the survey and claim a £10 voucher as a little thank you for your time!

<http://bit.ly/amplifyingalive>

Help us understand the root causes of these inequalities and work towards a positive change!



West Midlands - Solihull Research Ethics Committee Approval: Reference: 22/WM/0110




Understanding your thoughts about children's vaccines in Tower Hamlets

General information

We are the Royal Society for Public Health (RSPH) and we help people lead healthier lives. One of the things we do is to ask people what they think about vaccines. We have already spoken to children and teenagers about their thoughts. Now we want to speak to their families and people who work with them.

We need your help

If you are a parent or someone who supports or works with children or teenagers, what you have to say matters to us. Below you will find 3 different sets of questions. Click on the link or use the QR Code to open the set that is relevant to you.



Will you offer vaccines or health advice?

No. We only want to hear what you have to say, learn from your experiences and listen to your suggestions. We will not offer vaccines or health advice.

Will my participation be anonymous?

Yes. We will not collect personal details such as your name, or address. It will be important to know how you support children and young people, that is why we ask about your relationship with the child. But that is all. No one will know who you are or what you said.



Questions for parents, carers and families

If you are a parent or carer, please use this link or this QR code to access the set of questions.



[Click here](#)

Questions for health and care professionals

If you are a health and care professional, please use this link or this QR code to access the set of questions.



[Click here](#)



Questions for people working in the educational and volunteering sectors

If you work with education or volunteer in Tower Hamlets, please use this link or this QR code to access the set of questions.

[Click here](#)

Have you got anything you would like to ask? Feel free to contact us by email policy@rsph.org.uk.

ALIVE

Amplifying the Lived Experience of East London Communities

Are you a woman of **Black African** or **Black Caribbean** heritage living in East London?

We want to hear from you and work with you!

Black women do not always have, nor are given, the opportunity to share their experiences and influence the care and support they receive.

This needs to change and we need you!



Dr Vanessa Apea - Principal Investigator

Rebecca Mbewe - Research Assistant

Rachael Buabeng - Research Assistant

Habiba Kawu - Research Assistant

Please use this opportunity to shape research and services around your actual needs.

Taking part in the study means we will ask you questions about your lived experiences and realities. We will ask the questions through a survey and/or interview.

This could include things like your life circumstances, your health and the impact of COVID on how you feel physically and emotionally.

If you would like to take part, please go to the link below or scan the QR code below.

URL: <https://bit.ly/amplifyingalive>

Once you complete the survey you will be invited to consider taking part in a follow-up interview.

If you would be happy to consider this, we will ask you for some contact details so our research team can get in touch.

Taking part in any part of the study is entirely your choice.

After the survey/interview you will receive a voucher as a thank you for your time.

Anonymous study findings will be published on www.amplifyinglives.com X - @amplifyinglives

Contact us via email - info@amplifyinglives.com

