



## NEWSLETTER W/E 4<sup>th</sup> October 2024

Dear Families,

Thank you to so many of you who came in and discussed how your child is settling at our first round of parent meetings for the year. We hope you found this and all the booklets on the expectations for your child useful. It was lovely to catch up with so many of you and have some longer conversations about the hopes for the children and how we work together.

Next week we look forward to a week filled with opportunities. Many of our KS2 children will channeling their inner 'Chariots Of Fire' at the Tower Hamlets Cross Country Event. While Year 5 and 6 will be getting their green fingers out to work with our gardener on harvesting from our edible garden.

Some wonderful sounds coming from our Collective Worship this week, when our children were learning the Harvest Hymns with St Paul's Cathedral for our upcoming Harvest Service.

Have a wonderful weekend.

*Mrs Smith  
& Mr Hall*



### Pupils absence

If your child is absence from school. Please contact the school office daily until they return.  
Thank you.



### DIARY DATES

**09/10/2024:** Healthy Eating - coffee morning

**09/10/2024:** Reception class DEAR - Drop Everything And Read

**11/10/2024:** Harvest at the Church

**16/10/2024:** School Ready - coffee morning

**24/10/2024:** Second round Influenza vaccination



**28/10/2024 - 01/11/2024:** October half term

**11/11/2024-15/11/2024:** Anti-bullying week

**04/12/2024-11/12/2024:** Travelling Book Fair - browse and buy books



# SCHOOL NOTICE BOARD

	 <b>PUPIL OF THE WEEK</b> 	
Flamingo	Safwan	Michael
Nursery	Safa	Tanima
Reception	Harry	Humaira
Year 1	Luke	Eunice
Year 2	Phong	Reuben
Year 3	Simra	Huau
Year 4	Ryel	Ariya
Year 5	Jannath	Mariah
Year 6	Mustafa	Benjamin

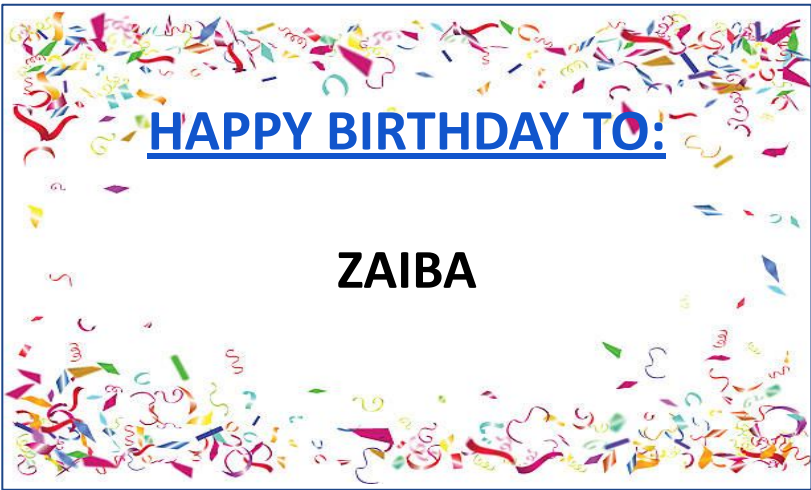


## WORSHIP FOCUS

**James 5:13 - 20:** James teaches the christian community to support each other in prayer, accountability and loving guidance.



**Help someone who is having a tough time.**



## SCHOOL NOTICE BOARD



### Parent/Teacher Consultations

Teachers are friendly and communication is good.

I know the teachers here and my daughter is lucky to be here.

Thank you to all the parents who attended our recent parent consultations. It was wonderful to see so many of you there, and we are truly grateful for the time you took to meet with our staff. Your support means a great deal to us, and the feedback we received has been overwhelmingly positive. Open communication between school and home is key to our students' success, and we appreciate your commitment to working together for the benefit of your children.

Parental engagement, tapestry, newsletter, text message.

Safe place, friendly teachers.

Seeing my child happy and enjoying Reception.

... is more settled and listening and loves reception compared to nursery. Everyday he is excited to come to school.

Coffee morning

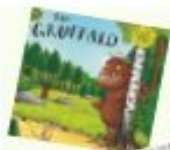
## SCHOOL NOTICE BOARD



# DEAR (Drop Everything And Read) Time

Nursery and Reception will be hosting  
DEAR time every month and parent/  
carers are invited to join their child in  
class to read a book with them.

**JOIN US: OCTOBER 9th from 8:45-9:05!**





## SCHOOL NOTICE BOARD

95%	=	<b>47 LESSONS MISSED EACH YEAR</b> 8 days in total or 1 week and 3 days
90%	=	<b>95 LESSONS MISSED EACH YEAR</b> 16 days in total or 3 weeks and 1 day
85%	=	<b>142 LESSONS MISSED EACH YEAR</b> 24 days in total or 4 weeks and 4 days
80%	=	<b>190 LESSONS MISSED EACH YEAR</b> 32 days in total or 6 weeks and 2 days

## ATTENDANCE MATTERS

**WHAT DO YOUR ATTENDANCE FIGURES ACTUALLY MEAN?**

**BE SMART BE THERE!**

Percentages based on 190 academic days

**Our school target is 96%!**  
**Come on everyone, we can do it!**

### Polite reminder:

Children need to be in school on time.

Gates open at 8:45 and close at 8:55.  
Early morning learning at this time sets the children up for the day.

Our Attendance Welfare Officer (AWA), Ranu Begum, attends school every Thursday morning. Ranu checks our school registers regularly and will contact parents & guardians by letter or telephone. Meetings and home visits will be completed if there is a cause for concern.

Formal referrals of pupils with persistent absence or below 90% attendance will be made. Children need to be in school every day. Parents should be aware that they can ultimately be prosecuted for non-attendance offences.

We know that sometimes- even with children at school 190 out of 365 days in the year- they may fall ill. This can be worrying so please see advice from our local teams on

[https://www.towerhamletstogether.com/files/Care\\_Confident\\_Booklet\\_A5\\_InteractiveBooklet2.pdf](https://www.towerhamletstogether.com/files/Care_Confident_Booklet_A5_InteractiveBooklet2.pdf) on common illnesses and when to seek support. Additional sports including swimming benefit children to be healthier and smarter. Please ensure children take full advantage of this by wearing appropriate kit and making sure they bring it with them each week!

## SCHOOL NOTICE BOARD

**Families join us for a coffee morning on Healthy Eating  
on Wednesday 9<sup>th</sup> October at  
9:00 am**



# Healthy Eating

**A one-part session sharing information to  
encourage your children to eat healthy meals and  
snacks.**



**St Pauls with St Luke Church of  
England Primary Federation**

**Wednesday 9th Oct 2024**

**9am – 10am**

**For more details,  
speak to Madeha Khalique**

## SCHOOL NOTICE BOARD

Families join us for a coffee morning focused  
on School Ready on Wednesday 16<sup>th</sup> October at  
9:00 am



# School Ready

A one-part session on supporting 'school readiness' to enhance your child's learning, development and well-being.



## St Pauls with St Luke Church of England Primary School

Wednesday 16th Oct 2024

9am – 10am

For more details, speak to Asma Bibi

These sessions will be delivered by LBTH Parental Engagement Team

Promoting  
physical  
development

Emotional  
development

Language  
development

sleep routines  
Independence

Simple  
activities  
parents can do  
at home with  
their children  
with a focus  
on learning  
through play

Self-care

Toilet training  
- praise



## SCHOOL NOTICE BOARD



We would like to express our sincere gratitude to Rashila, her team and the Act Foundation for their kind food donation. The work they are doing is truly commendable and the reward it brings are immeasurable. Thank you!





## SCHOOL NOTICE BOARD



SPSL organised a coffee morning with senior research nurse Leanne Reardon. Monday 23<sup>rd</sup> Sept 2024 was a successful coffee morning with parents who were happy to come along and ask questions about the ELSA study and early diabetes type 1 detection.

Children at high risk can be monitored and could enter research studies aiming to delay the start of type 1 diabetes. Every family who takes part in the ELSA study is helping us to understand more about type 1 diabetes.

If you would like to take part or to find out more information, please visit our website or scan the QR code below. If you have any questions, please contact the ELSA study team by email, phone or on our website.

Scan to find out more:



Scan to register interest:



## SCHOOL NOTICE BOARD

Sheet 60

# Family Fun!

## Spray the Flower Letters Activity

Spray bottles are a fun way to keep children busy. Squeezing the spray bottle repeatedly is a way great to develop and strengthen fine motor skills in the hands. Draw flowers and letters on the ground. Call out letters and sounds and ask your child to spray the letter until it disappears.

Ideas to support learning, play and well-being.



## Keeping Active!

The world health organisation recommends that children aged 5-17 get at least 60 minutes of activity a day. Children can accumulate these minutes throughout the day such as two 30-minute sessions. Light exercise for children has also been linked to better mental health. Why not swap balls for balloons. Children can have a go at keeping the balloons up in the air for as long as possible.



## Make a Story Sack

Story sacks can be a great way to encourage reading together and sharing books in a fun way. Ask your child to choose their favourite book. Get a bag/sack or box and get your child to fill it with objects that link to the story. These could be pictures of related places or events, plain paper and crayons to draw pictures of the characters, supplies to make puppets etc. Encourage your child to retell the story using items from the story sack.



## Home- Made Dips

Ditch high fat dips like mayonnaise and create your own healthy alternative. Just mix some low- fat yogurt together with a clove of finely chopped garlic and season with a little salt and pepper. Try it with some crunchy vegetables-delicious!



Produced by  
The Parental Engagement  
Schools and Family Team



FamiliesMatter  
Subscribe to our e-bulletin  
[www.towerhamlets.gov.uk/parentfamilysupport](http://www.towerhamlets.gov.uk/parentfamilysupport)



## Holiday Childcare October Scheme 2024

### Information for professionals

The Tower Hamlets Holiday Childcare October 2024 Scheme is open for bookings for all residents in the borough, and for vulnerable referrals.

### Scheme dates.

Monday 28<sup>th</sup> October to Friday 1<sup>st</sup> November 2024 (5 days).

Our scheme dates are based on the Tower Hamlets school holidays.

Booking closing date: 22<sup>nd</sup> October 2024 by 12pm or earlier once bookings are full.

### Venue

St Anne's & Guardian Angels Catholic Primary School, Underwood Road, E1 5AW

Please support and share this information with families you feel may benefit from our scheme. To refer a child please complete our [referral form](#) and support the family to book following the steps on our [booking system](#).

More information can be found on our website [www.towerhamlets.gov.uk/hcs](http://www.towerhamlets.gov.uk/hcs).

We will look forward to receiving your bookings.

Holiday Childcare Team  
Parent & Family Support Service  
Children and Culture Directorate  
London Borough of Tower Hamlets

## FamiliesMatter

### Parent and Family Support Service



# Emotional First Aid

A course to support parents' emotional health and wellbeing.

Is everyday life sometimes stressful?  
Feeling pressured by children and family life?  
You're not alone! Take time out for self-care.

<b>Venue:</b>	Mulberry Bigland Green Centre 15 Richard Street (off Bigland Street London E1 2JP
<b>Date:</b>	Monday Mornings (6 weeks course) 7 <sup>th</sup> , 14 <sup>th</sup> , 21 <sup>st</sup> October, 11 <sup>th</sup> , 18 <sup>th</sup> , 25 <sup>th</sup> November
<b>Time:</b>	10am-12.30pm
<b>How to refer:</b>	Self-referrals are accepted - please email: <a href="mailto:parenting@towerhamlets.gov.uk">parenting@towerhamlets.gov.uk</a> or call on 020 7364 6398
<b>During the course you will:</b>	<ul style="list-style-type: none"> <li>Meet other parents and build up a network of support.</li> <li>Discover new ways to manage your worries.</li> <li>Identify the early signs of anxiety in adults, children, and young people.</li> <li>Find out about services available in Tower Hamlets to support families.</li> </ul>



# 'Have Your Say'

The council is developing a cohesion plan for the borough and they want to hear your thoughts.

We will be holding three events in October for everyone in the local community to attend.

**1st TUESDAY**  
Teddy Bear Picnic

Parents and carers with under 5s are welcome to come and join us at Raines House, Wapping Lane from 12-1pm.

**10th THURSDAY**  
Afternoon Tea and Chat

Join us for sandwiches and cake at the Swedonborg Gardens Orchard, E1 from 2-5pm.

**4th Friday**  
Youth Voice

Calling all 11- 19 year olds! Come along to our youth session and join the conversation and chill out with music, games and food.

**Come and Join us and help shape our Borough for the better!**

**Contact us for more information**

Email: [info@societylinks.org.uk](mailto:info@societylinks.org.uk)  
Call: 0207 7020901  
Visit our website: [www.societylinks.org.uk](http://www.societylinks.org.uk)





## SCHOOL NOTICE BOARD

**FamiliesMatter**

# Parent and Family Support Service



## Strengthening Families, Strengthening Communities parenting programme for Somali parents

Learn to develop strong, healthy relationships with your children  
and gain simple, practical strategies to manage children's behaviour in a  
positive way.

Venue:	Malmesbury Primary School, Coborn Street, London E3 2AB.
Date:	Mondays 9 <sup>th</sup> , 16 <sup>th</sup> , 23 <sup>rd</sup> , 30 <sup>th</sup> September 7 <sup>th</sup> & 14 <sup>th</sup> October 2024
Time:	Time: 10am- 12pm
How to refer:	Please contact 020 7364 6398 or email to <a href="mailto:parenting@towerhamlets.gov.uk">parenting@towerhamlets.gov.uk</a> to book your place.
During the course you will:	<ul style="list-style-type: none"> <li>• The process of discipline for positive parenting</li> <li>• Enhancing parent-child relationships</li> <li>• The benefits of praise</li> <li>• Managing conflict situations</li> </ul>
It is advised that parents attend all sessions to get the most benefit from the course.	





## SCHOOL NOTICE BOARD

# Keep water beads away from young children



Children love water beads. But it's really dangerous if a young child swallows them.



They expand in the belly and can block the bowel. Some grow as big as golf balls.

A child may need major surgery to remove them. So please keep them away from young children.



**If you suspect a child has swallowed a water bead, get medical help straight away.**

Scan to learn more



## SCHOOL NOTICE BOARD



# Academic Calendar 2024-2025

September '24						
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23	24	25	26	27	28	29
30						19

October '24						
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28	29	30	31			
						19

November '24						
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December '24						
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30	31					15

January '25						
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February '25						
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March '25						
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31						20

April '25						
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28	29	30				
						12

May '25						
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26	27	28	29	30	31	
						16

June '25						
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						21

July '25						
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28	29	30	31			
						14

August '25						
M	Tu	W	Th	F	Sa	Su
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

### Autumn term 2024

#### Term 1

04/09/2024 - 25/10/2024

#### Half term

28/10/2024 - 01/11/2024

#### Term 2

04/11/2024 - 20/12/2024

#### Christmas break

23/12/2024 - 03/01/2025

#### Spring term 2025

#### Term 1

07/01/2025 - 14/02/2025

#### Half term

17/02/2025 - 21/02/2025

#### Term 2

24/02/2025 - 11/04/2025

#### Easter break

14/04/2025 - 25/04/2025

#### Summer term 2025

#### Term 1

28/04/2025 - 23/05/2025

#### Half term

26/05/2025 - 30/05/2025

#### Term 2

02/06/2025 - 18/07/2025

#### Inset days

Inset 1 - 02/09/2024

Inset 2 - 03/09/2024

Inset 3 - 06/01/2025

Inset 4 - 31/03/2025 twilight

Inset 5 - TBC twilight

#### Bank holidays Eid days

25/12/2024 31/03/2025

26/12/2024 07/06/2025

01/01/2025

18/04/2025

21/04/2025

05/05/2025

26/05/2025

26/08/2025