



## NEWSLETTER W/E 18th October 2024

Dear Families,

Another wonderful week of learning both inside and outside of the classroom for our children this week.

Thank you for completing the parent questionnaires, your opinions are greatly appreciated and valued.

It was lovely to hear that 97% of you would recommend the school to others and that your children feel safe to come to school. The responses were overwhelmingly positive with 97% of you, stating that your children are happy at school.

Wishing you all a wonderful weekend.

*Mrs Smith  
& Mr Hall*



### Pupils absence

If your child is absence from school, please contact the school office daily until they return.  
Thank you.



### DIARY DATES

22/10/2024: Farahana - School Social Worker Coffee Morning

24/10/2024: Story Time Session (3pm) EYFS

24/10/2024: Second round Influenza vaccination

**28/10/2024 - 01/11/2024: October half term**

11/11/2024-15/11/2024: Anti-bullying week

04/12/2024-11/12/2024: Travelling Book Fair - browse and buy books

## SCHOOL NOTICE BOARD

Our Year 5 & 6 Pupil Leaders and School Council met with Chefs Dan and Meg today to discuss our menu. The children tried some potential new delicious dishes as well as both reviewing our current menu and making suggestions for new dishes moving forward. The aroma of the butter chicken filled the office and the taste was a winner!



## SCHOOL NOTICE BOARD

<b>95%</b>	<b>=</b>	<b>47 LESSONS MISSED EACH YEAR</b> <b>8 days in total or 1 week and 3 days</b>
<b>90%</b>	<b>=</b>	<b>95 LESSONS MISSED EACH YEAR</b> <b>16 days in total or 3 weeks and 1 day</b>
<b>85%</b>	<b>=</b>	<b>142 LESSONS MISSED EACH YEAR</b> <b>24 days in total or 4 weeks and 4 days</b>
<b>80%</b>	<b>=</b>	<b>190 LESSONS MISSED EACH YEAR</b> <b>32 days in total or 6 weeks and 2 days</b>

## ATTENDANCE MATTERS

**WHAT DO YOUR  
ATTENDANCE  
FIGURES  
ACTUALLY MEAN?**

**BE SMART BE THERE!**

Percentages based on 190 academic days

**Our school target  
is 96%!  
Come on  
everyone, we can  
do it!**

### Polite reminder:

**Children need to be in school on  
time.**

**Gates open at 8:45 and close at 8:55.  
Early morning learning at this time  
sets the children up for the day.**

Our Attendance Welfare Officer (AWA), Ranu Begum, attends school every Thursday morning. Ranu checks our school registers regularly and will contact parents & guardians by letter or telephone. Meetings and home visits will be completed if there is a cause for concern.

Formal referrals of pupils with persistent absence or below 90% attendance will be made. Children need to be in school every day. Parents should be aware that they can ultimately be prosecuted for non-attendance offences.

We know that sometimes- even with children at school 190 out of 365 days in the year- they may fall ill. This can be worrying so please see advice from our local teams on

[https://www.towerhamletstogether.com/files/Care\\_Confident\\_Booklet\\_A5\\_InteractiveBooklet2.pdf](https://www.towerhamletstogether.com/files/Care_Confident_Booklet_A5_InteractiveBooklet2.pdf) on common illnesses and when to seek support. Additional sports including swimming benefit children to be healthier and smarter. Please ensure children take full advantage of this by wearing appropriate kit and making sure they bring it with them each week!

## SCHOOL NOTICE BOARD

# Coffee Morning: 22nd October 2024 at 9am



Please join us to meet our  
school Social Worker,  
Farhana Rohim!

This will just be a great opportunity  
for parents to meet Farhana, to ask  
questions, find out what kind of  
support Farhana can offer you and  
also meet/catch up with other  
parents who attend the session.



## SCHOOL NOTICE BOARD

# Story Time Session

Nursery and Reception are hosting a Story Time Session on the **24th of October 2024** at 3pm in the hall.

Ms Hussain will be reading a story to EYFS, parents/guardians can pick up strategies on how they can read with their children and engage them in reading.



SCHOOL NOTICE BOARD

# *Diwali Lunch Menu* *25th October 2024*

*Main option 1 - Chicken Briyani*

*Main option 2 - Vegetable Briyani*

*Sides - Naan Bread and Raita  
(Gluten, Milk)*

*Vegetables - Masala corn and Onion  
Bhaji (Gluten)*

*Desserts - Chocolate Rice Crispy  
Cakes (Milk)*



## SCHOOL NOTICE BOARD

### *ELSA Study Coffee Morning*

Thank you to all the parents/guardians who joined the ELSA study coffee morning and to those who have signed up their child to take part in the study! Thank you to Chef Dan and Sous Chef Meg for the delicious snacks for parents to enjoy!



Children at high risk can be monitored and could enter research studies aiming to delay the start of type 1 diabetes. Every family who takes part in the ELSA study is helping us to understand more about type 1 diabetes.

## SCHOOL NOTICE BOARD

# School Ready Coffee Morning

School Practitioner, Nazia Ahmed held a workshop on preparing your child for school by promoting physical, emotional and language development, sleep, routines, independence and simple activities parents/guardians can do at home with their children with a focus on learning through play.

Feedback from Nazia "The session went very well. The parents were wonderful. They were enthusiastic, engaged and very willing to learn. We had some healthy discussions and it was refreshing to see so many parents making an effort to attend a session on improving the school readiness of their child"



Thank you to all parents/guardians who attended!

## SCHOOL NOTICE BOARD

# Flu immunisation for pupils in school years Reception - Year 6

### THE NASAL FLU VACCINE

- ✓ Protects your child from the flu
- ✓ Protects your family and friends from the flu (especially those who are elderly, young babies, or those who have serious health conditions)
- ✓ Is painless, quick and effective
- ✓ Is free
- ✓ The nasal flu vaccine is very effective at reducing the spread of flu



### THE IM FLU VACCINE



We also offer the flu vaccine as an injection, which is **gelatine-free**. Please go to our website where you can find out more about the manufacturing of the flu injection, and then decide if the injection is more suited to your child.



Vaccination UK

### TOWER HAMLETS

#### Immunisation Team Contact Details



[towerhamlets@v-uk.co.uk](mailto:towerhamlets@v-uk.co.uk)



0207 613 9044

WORKING ON BEHALF OF

**NHS**  
*England*

**To give consent for your child  
to have the flu vaccine,  
please click here:**

[https://london.schoolvaccination.  
uk/flu/2023/towerhamlets](https://london.schoolvaccination.uk/flu/2023/towerhamlets)

## SCHOOL NOTICE BOARD



### PUPIL OF THE WEEK



Nursery	Hussain Hassan
Reception	Kine Danyal
Year 1	Sidra Penelope
Year 2	Areebaa Ehsan
Year 3	Nabil Sabrin
Year 4	Damilee Yunus
Year 5	Khadija Nusrat
Year 6	James Fatima

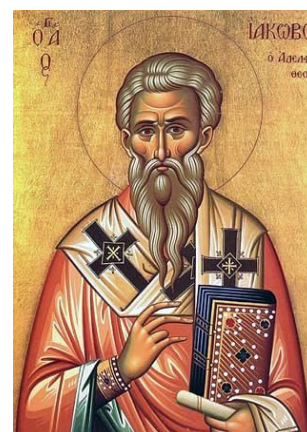


### WORSHIP FOCUS

**Mark 10:17-31** - In this story the man who meets Jesus appears to be interested in seeking God. When he is challenged about real devotion and sacrifice, putting God above his wealth, he cannot rise to meet the challenge.



**Could you donate something to charity?**



### HAPPY BIRTHDAY TO:

**Adam 4 years old!**

**Omar 11 years old!**

**Samuel 10 years old!**

## SCHOOL NOTICE BOARD



**FamiliesMatter**  
Tower Hamlets Parental Engagement Team

# Toilet Training for young children

## Connecting social emotional foundations with toilet training



A one-hour workshop that provides a simple guide and tips to support parents/Carers to start potty/toilet training

Contains information on:

- When children are ready to potty/toilet train
- When should we start potty/toilet training
- How to start potty/toilet training
- Common potty/toilet training problems
- Next steps
- Time to ask questions

**St Pauls with St Luke Church of England Primary School**  
**Friday 25h Oct 2024**

**9am – 10am**

**For more details, speak to Asma Bibi**

These sessions will be delivered by LBTH Parental Engagement Team

## SCHOOL NOTICE BOARD

Sheet 60

# Family Fun!

## Spray the Flower Letters Activity

Spray bottles are a fun way to keep children busy. Squeezing the spray bottle repeatedly is a way great to develop and strengthen fine motor skills in the hands. Draw flowers and letters on the ground. Call out letters and sounds and ask your child to spray the letter until it disappears.

Ideas to support learning, play and well-being.



## Keeping Active!

The world health organisation recommends that children aged 5-17 get at least 60 minutes of activity a day. Children can accumulate these minutes throughout the day such as two 30-minute sessions. Light exercise for children has also been linked to better mental health. Why not swap balls for balloons. Children can have a go at keeping the balloons up in the air for as long as possible.



## Make a Story Sack

Story sacks can be a great way to encourage reading together and sharing books in a fun way. Ask your child to choose their favourite book. Get a bag/sack or box and get your child to fill it with objects that link to the story. These could be pictures of related places or events, plain paper and crayons to draw pictures of the characters, supplies to make puppets etc. Encourage your child to retell the story using items from the story sack.



## Home- Made Dips

Ditch high fat dips like mayonnaise and create your own healthy alternative. Just mix some low- fat yogurt together with a clove of finely chopped garlic and season with a little salt and pepper. Try it with some crunchy vegetables-delicious!



Produced by  
The Parental Engagement  
Schools and Family Team



FamiliesMatter  
Subscribe to our e-bulletin  
[www.towerhamlets.gov.uk/parentfamilysupport](http://www.towerhamlets.gov.uk/parentfamilysupport)



## Holiday Childcare October Scheme 2024

### Information for professionals

The Tower Hamlets Holiday Childcare October 2024 Scheme is open for bookings for all residents in the borough, and for vulnerable referrals.

### Scheme dates.

Monday 28<sup>th</sup> October to Friday 1<sup>st</sup> November 2024 (5 days).

Our scheme dates are based on the Tower Hamlets school holidays.

Booking closing date: 22<sup>nd</sup> October 2024 by 12pm or earlier once bookings are full.

### Venue

St Anne's & Guardian Angels Catholic Primary School, Underwood Road, E1 5AW

Please support and share this information with families you feel may benefit from our scheme. To refer a child please complete our [referral form](#) and support the family to book following the steps on our [booking system](#).

More information can be found on our website [www.towerhamlets.gov.uk/hcs](http://www.towerhamlets.gov.uk/hcs).

We will look forward to receiving your bookings.

Holiday Childcare Team  
Parent & Family Support Service  
Children and Culture Directorate  
London Borough of Tower Hamlets

## FamiliesMatter

### Parent and Family Support Service



# Emotional First Aid

A course to support parents' emotional health and wellbeing.

Is everyday life sometimes stressful?  
Feeling pressured by children and family life?  
You're not alone! Take time out for self-care.

<b>Venue:</b>	Mulberry Bigland Green Centre 15 Richard Street (off Bigland Street London E1 2JP
<b>Date:</b>	Monday Mornings (6 weeks course) 7 <sup>th</sup> , 14 <sup>th</sup> , 21 <sup>st</sup> October, 11 <sup>th</sup> , 18 <sup>th</sup> , 25 <sup>th</sup> November
<b>Time:</b>	10am-12.30pm
<b>How to refer:</b>	Self-referrals are accepted - please email: <a href="mailto:parenting@towerhamlets.gov.uk">parenting@towerhamlets.gov.uk</a> or call on 020 7364 6398
<b>During the course you will:</b>	<ul style="list-style-type: none"> <li>Meet other parents and build up a network of support.</li> <li>Discover new ways to manage your worries.</li> <li>Identify the early signs of anxiety in adults, children, and young people.</li> <li>Find out about services available in Tower Hamlets to support families.</li> </ul>



# 'Have Your Say'

The council is developing a cohesion plan for the borough and they want to hear your thoughts.

We will be holding three events in October for everyone in the local community to attend.

**1st TUESDAY**  
Teddy Bear Picnic

Parents and carers with under 5s are welcome to come and join us at Raines House, Wapping Lane from 12-1pm.

**10th THURSDAY**  
Afternoon Tea and Chat

Join us for sandwiches and cake at the Swedonborg Gardens Orchard, E1 from 2-5pm.

**4th Friday**  
Youth Voice

Calling all 11- 19 year olds! Come along to our youth session and join the conversation and chill out with music, games and food.

**Come and Join us and help shape our Borough for the better!**

**Contact us for more information**

Email: [info@societylinks.org.uk](mailto:info@societylinks.org.uk)  
Call: 0207 7020901  
Visit our website: [www.societylinks.org.uk](http://www.societylinks.org.uk)



## SCHOOL NOTICE BOARD

# Keep water beads away from young children



Children love water beads. But it's really dangerous if a young child swallows them.



They expand in the belly and can block the bowel. Some grow as big as golf balls.

A child may need major surgery to remove them. So please keep them away from young children.



**If you suspect a child has swallowed a water bead, get medical help straight away.**

Scan to learn more



## SCHOOL NOTICE BOARD

# The Healthy Student event



The Tower Hamlets School Health and Wellbeing team is hosting a special wellbeing event and you are invited.

Families and young people, aged 5-19, come along and learn about health issues like asthma, eczema and mental health and wellbeing. Also, find out more about our service, and other services in the borough that support children and young people to live healthier and happier lives.

We will be running fun and interactive activities for children on the day around important health subjects.

Don't miss the chance to meet your school nurse.

### Event details

**Venue:** Bernie Cameron Community Centre, 32 Merchant Street, Bow E3 4LX

**Date:** Friday 25 October 2024

**Time:** 3pm – 5.30 pm

- Freebies and prizes to be won
- Light refreshments provided
- Limited capacity – Book your place to receive a free goodie bag

Scan the code to book your ticket



Learn more about the School Health Team  
[gpcaregroup.org/your-health-services/school-health/](https://gpcaregroup.org/your-health-services/school-health/)

## SCHOOL NOTICE BOARD



# Academic Calendar 2024-2025

September '24						
M	Tu	W	Th	F	Sa	Su
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23	24	25	26	27	28	29
30						19

October '24						
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November '24						
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December '24						
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30	31					15

January '25						
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February '25						
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March '25						
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31						20

April '25						
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28	29	30				
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May '25						
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June '25						
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July '25						
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28	29	30	31			
						14

August '25						
M	Tu	W	Th	F	Sa	Su
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18	19	20	21	22	23	24
25	26	27	28	29	30	31

### Autumn term 2024

#### Term 1

04/09/2024 - 25/10/2024

#### Half term

28/10/2024 - 01/11/2024

#### Term 2

04/11/2024 - 20/12/2024

#### Christmas break

23/12/2024 - 03/01/2025

#### Spring term 2025

#### Term 1

07/01/2025 - 14/02/2025

#### Half term

17/02/2025 - 21/02/2025

#### Term 2

24/02/2025 - 11/04/2025

#### Easter break

14/04/2025 - 25/04/2025

#### Summer term 2025

#### Term 1

28/04/2025 - 23/05/2025

#### Half term

26/05/2025 - 30/05/2025

#### Term 2

02/06/2025 - 18/07/2025

#### Inset days

Inset 1 - 02/09/2024

Inset 2 - 03/09/2024

Inset 3 - 06/01/2025

Inset 4 - 31/03/2025 twilight

Inset 5 - TBC twilight

#### Bank holidays Eid days

25/12/2024 31/03/2025

26/12/2024 07/06/2025

01/01/2025

18/04/2025

21/04/2025

05/05/2025

26/05/2025

26/08/2025