



NEWSLETTER W/E 16th January 2026

Dear Families,

Another busy week of learning opportunities for our children. We are keen for the partnership between home and school to continue to strengthen, we have a series of parent workshops coming up next week that we invite you to so that we can work in partnership to support our children. The Empowering Minds team are back in for a Community Dialogue session, we have our EYFS, Year 1 Phonics Screening, Year 4 Multiplication Tables Check and our Year 6 SATs Parent Workshops next week, invitations to attend will be via text. Dates and times for all workshops can be found below.



This week we have seen the importance of encouragement, positive role models, and moments that help us pause, reflect and begin again. As we look back on the week, we celebrate the way our children are learning not just knowledge and skills, but also how to respect one another, develop confidence, and recognise that they belong to a community that wants them to flourish.

Have a restful weekend!

*Mrs Smith
& Mr Hall*



DIARY DATES

February Half term: 16th -20th February
Closed for Polling on 7th May



- Monday 19/01/26- EYFS Parent Workshop 15:30
- Tuesday 20/01/26- Yr1 Phonics Parent workshop 15:30-
Empowering Minds Community session 13:00
- Wednesday 21/01/26- Yr4 MTC Parent workshop 15:30
- Thursday 22/01/26- Yr6 SATs Parent workshop 15:30

SCHOOL NOTICE BOARD

	Pupil of the week	Kindness leaves	Value of the week
Nursery	Eliza Finley		Mia
Reception	Rayne Adam		Jordan Asiya
Year 1	Harry Allen	Saiha Malachi	Harry Allen
Year 2	Carter Daniyal	Aliysha Amani	Fabeha Minh
Year 3	Janet Zaiba	Tommy Hayden	Mohamoud Zaiba
Year 4	Brooklyn Alvin	Sharleez Isla	Simra Moriam
Year 5	Winston Zahra	Lillie-Jane Jeremiah	Kimberly Aamira
Year 6	Amelia A Taiyeba	Janelle Charlie	Amelia H Khadija



WORSHIP FOCUS

Matthew 3: 13-17

Jesus is baptised by John; God says, 'This is my Son.'

Happy Birthday to:

Noah - Year 2



We recall how God showed that Jesus was His Son: God said, 'This is my son.'

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Workshops for families

Workshops	For Year groups	Date	Times
Year 1 Phonics	1	Tuesday 20th January	3:30pm
Year 4 Multiplication	4	Wednesday 21st January	3:30pm
SATs	6	Thursday 22nd January	3:30pm
Safer Internet Day	Whole School	Monday 9th February	TBC

Benefits of School Workshops

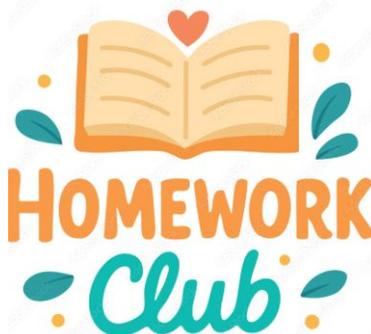
- ✓ Encourages stronger family involvement in education
- ✓ Improves children's academic confidence
- ✓ Helps parents support learning at home
- ✓ Builds community and support networks
- ✓ Enhances communication between families and teachers

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After school club



Our after-school clubs continue to be a great success, with spaces still available. Children thoroughly enjoying the wide range of activities on offer. The cooking club has been particularly popular, giving pupils the opportunity to develop practical skills while having fun preparing and tasting their creations. Art club has been buzzing with creativity, as children explore different materials and techniques. Gymnastics sessions are going well, supporting physical development, confidence, and teamwork, while the homework club provides a calm and supportive space for children to complete tasks and consolidate their learning.



SPACES AVAILABLE! Email:
admin@spsl.towerhamlets.sch.uk

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★ COMMUNITY ★ DIALOGUE EVENT STRENGTHENING FAMILIES IN TOWER HAMLETS

Recognising, Preventing & Responding to
Radicalisation Risks



TUESDAY 20TH JANUARY
1:00 – 3:00 PM
ST PAUL WITH ST LUKE
PRIMARY SCHOOL
LEOPOLD STREET,
BOW E3 4LA

WHO'S IT FOR?

Parents and carers
in Tower Hamlets
who want to:

- Build stronger, safer family environments
- Learn how to respond confidently and appropriately

Parents and carers in
Tower Hamlets who want to:

- Build stronger, safer family environments
- Understand early signs of radicalisation
- Learn how to respond confidently and appropriately

WHY ATTEND?

This open community dialogue

ALL PARENTS AND CARERS ARE WARMLY WELCOME,
Let's work together to keep our families and community safe.

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95%	=	47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

ATTENDANCE MATTERS

WHAT DO YOUR ATTENDANCE FIGURES ACTUALLY MEAN?

BE SMART BE THERE!

Percentages based on 190 academic days

Polite reminder:

Children need to be in school on time.

Gates open at 8:45 and close at 8:55.

Early morning learning at this time sets the children up for the day.

Every day matters.
Every minute counts.

Attending primary school regularly provides a wealth of social, health and academic benefits for children.

"Going to school helps me achieve my very best."

For a 2020 - 2021 copy of this book visit https://www.gov.uk/government/uploads/attachment_data/file/464444/primary-school-attendance-booklet-2020-21.pdf

Our Attendance Welfare Officer (AWA), Lina Rahman, attends school every Tuesday morning. Lina checks our school registers regularly and will contact parents & guardians by letter or telephone. Meetings and home visits will be completed if there is a cause for concern.

Formal referrals of pupils with persistent absence or below 90% attendance will be made. Children need to be in school every day. Parents should be aware that they can ultimately be prosecuted for non-attendance offences. Holidays should also be taken in school holidays and not in term time.

We know that sometimes- even with children at school 190 out of 365 days in the year- they may fall ill. This can be worrying so please see advice from our local teams on https://www.towerhamlets-together.com/files/Care_Confident_Booklet_A5_InteractiveBooklet2.pdf on common illnesses and when to seek support. Additional sports, including swimming, benefit children to be healthier and smarter. Please ensure children take full advantage of this by wearing appropriate kit and making sure they bring it with them each week!

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About Winter Illnesses and School Attendance

As we head into the colder months, it's common to see an increase in seasonal illnesses such as colds, coughs, and other respiratory infections. We understand that it can sometimes be difficult to decide whether your child should attend school when they are feeling unwell.

To help support your decision-making, please note the following guidance:

- **Children with mild cold symptoms**, such as a runny nose or a slight cough, **can still attend school** if they are otherwise well in themselves (eating, drinking, and alert).
- However, **children should stay at home** if they are experiencing more severe symptoms, such as:
 - A high temperature or fever
 - **Vomiting or diarrhoea** (children should remain at home for at least **48 hours after the last episode if it is norovirus**)
 - Any illness that makes them too unwell to take part in normal school activities

We encourage good hygiene habits, such as regular hand washing and covering coughs and sneezes to help reduce the spread of germs. If your child is unwell and staying home, please remember to notify the school as soon as possible.

Thank you for helping us keep our school community healthy and safe during the winter season.

Illness and Advice	
<p>Headache, earache and stomach ache</p>  <p>Children with headache, earache or stomach ache can go to school—just let the staff know they have felt unwell. Give paracetamol and plenty of fluids to drink. If headache, earache or stomach ache persists..... Seek medical advice.</p>	<p>High Temperature</p>  <p>Give paracetamol and plenty to drink. After paracetamol, if your child feels better, bring them into school. If your child's high temperature continues for three days or more..... Seek medical advice.</p>
<p>Diarrhoea and Vomiting</p>  <p>Children can return to school 48 hours after the last episode of diarrhoea or vomiting</p>	<p>Coughs and Colds</p>  <p>Children should be given paracetamol, plenty of fluids to drink and can be sent to school.</p> <p>If your child is asthmatic, remember they may need their blue Inhaler more often.</p>