



NEWSLETTER W/E 21st November 2025

Dear Families

A very busy week this week for the children at school. We have been celebrating Anti-Bullying week, our children have been creating some very powerful work around this year's theme of the 'Power for Good.' Our Year 2 children had a marvellous time on their trip to the Rich Mix cinema where they watched the film 'Elio' a film about a child who does not belong. I would like to take this opportunity to thank those parents who were able to support with the trip. Following on from the art and design workshop with artist Will Redgrove last week, where our children and families helped to design stencils for our outdoor spray-painting project, on Thursday our Year 6 children worked with Will to create a wonderful painting inspired by Henri Rousseau's 'Surprised'. This can be seen by the Flamingo classroom in the garden area, please come and have a look to see if you can spot your designs.

As the weather becomes colder please make sure your child comes into school with a coat and if needed hat and gloves.



Wishing you a wonderful weekend

Mrs Smith & Mr Hall



Rather sadly, we need to say a fond farewell to Ms Justine Heatley. Ms. Heatley has served SPSL with dedication for 17 years, during which time she has worked with and supported many of our children. She will be greatly missed by pupils and staff alike. We are confident that she will find opportunities to visit on special occasions, and I know you will join me in extending our warmest wishes to her for the future.



DIARY DATES



- Tuesday 25th November: Y2 trip - Monument
- Tuesday 25th November: Y6 Ice Skating
- Friday 28th November: Y6 trip - Book awards
- Monday 1st December: Parent workshop
- Wednesday 3rd December: Y6 Ice Skating
- Wednesday 3rd December: Book Fair

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Bow Arts



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	Pupil of the week	Kindness leaves	Value of the week
Nursery	Adwoa Zion		Mia
Reception	Rayne Mya-Rose		Arisha M
Year 1	Ikram Maame	Musa Astou	Jordan Amira
Year 2	Whole class	Sidra Erum	Noah Luke
Year 3	Yusra Areeba	Zaiba Hayden	Yusra Layla
Year 4	Alexia Brooklyn	Sabrin Elsie	Yunus Abid
Year 5	Whole class	Whole class	Whole class
Year 6	Siyana Samuel	Mariah Casey	



WORSHIP FOCUS

Thessalonians 3: 6-13

St. Paul reminds Christians in Thessalonica to never stop doing what is right.

Happy Birthday to:

Abid - Year 4
Arham - Nursery
Zahra - Year 1
Ismael - Year 6



What helps you to keep going when you feel tired or fed up?
What does doing good like look to you?

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Parent Resilience Workshops in partnership with Tower Hamlets

Building
Awareness,
Strengthening
Families,
Preventing Harm



What Will You Learn?

- What radicalisation looks like (online and offline)
- Understanding young people and society
- Early warning signs in behaviour or language building
- Navigating social media and digital platforms
- Referral routes and accessing local support

Upcoming workshops:

Monday 1st December 2025,

Morning session: 10.00am - 12.00pm

Afternoon session: 1.00pm - 3.00pm

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95%	=	47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

ATTENDANCE MATTERS

WHAT DO YOUR ATTENDANCE FIGURES ACTUALLY MEAN?

BE SMART BE THERE!

Percentages based on 190 academic days

Polite reminder:

Children need to be in school on time.

Gates open at 8:45 and close at 8:55.

Early morning learning at this time sets the children up for the day.

Every day matters.
Every minute counts.

Attending primary school regularly provides a wealth of social, health and academic benefits for children.

"Going to school helps me achieve my very best."

For a 2020 - 2021 copy of this book visit <https://www.gov.uk/government/uploads/attachmentes/144666/primary-school-attendance-booklet-2020-21.pdf>

Our Attendance Welfare Officer (AWA), Lina Rahman, attends school every Tuesday morning. Lina checks our school registers regularly and will contact parents & guardians by letter or telephone. Meetings and home visits will be completed if there is a cause for concern.

Formal referrals of pupils with persistent absence or below 90% attendance will be made. Children need to be in school every day. Parents should be aware that they can ultimately be prosecuted for non-attendance offences. Holidays should also be taken in school holidays and not in term time.

We know that sometimes- even with children at school 190 out of 365 days in the year- they may fall ill. This can be worrying so please see advice from our local teams on https://www.towerhamlets-together.com/files/Care_Confident_Booklet_A5_InteractiveBooklet2.pdf on common illnesses and when to seek support. Additional sports, including swimming, benefit children to be healthier and smarter. Please ensure children take full advantage of this by wearing appropriate kit and making sure they bring it with them each week!

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Let's Talk SEND



Join us for an opportunity to help develop a Tower Hamlets SEND Co-Production Charter — a shared commitment to working together to shape future services. Be part of the change and help make Co-production real in Tower Hamlets.

FOR MORE INFORMATION

Tel: 0207 364 4461

Mark.penn@towerhamlets.gov.uk

Tuesday 2nd December
Grocers Wing Tower Hamlets Town Hall
10am-2pm

- Introduction from Director of Children's services
- Presentations about Co-Production
- Information stalls
- Tea/Coffee and lunch provided.

[Sign up here](#)



For details of previous Let's Talk SEND events please look on the Tower Hamlets Local Offer Website



CYPHWS
Service Criteria & Threshold Guidance



Service Criteria Overview

Compass Children and Young People's Health & Wellbeing Service (CYPHWS) works with children and young people age 5 to 19, (or up to 25 for individuals with SEND) and their parents/carers in Tower Hamlets. We can provide short term (max 4 session) prevention and early intervention support for a range of health needs.

CYPHWS **can** support children, young people and families with:

- | | |
|--|---|
| <ul style="list-style-type: none"> • Healthy eating • Dental health • Friendships and relationships • Body image • Bullying • Sleep • Emotional / Mental health • Continence | <ul style="list-style-type: none"> • Sexual health • Harm Reduction advice • Substance information and advice. • Specialist substance misuse support. • Long-term health conditions • Parenting • Behaviour • Referral onto additional services |
|--|---|

CYPHWS **cannot** support children, young people and families who require:

- Specialist health care support and care planning.
- Support with moderate to severe mental health needs.
- Longer term support for health needs.
- Crisis intervention or urgent out of hours support.

If you are unsure whether a child or young person would benefit from CYPHWS please call the team on **0203 9540091**

Our Request for Support Form (RFS) can be found on our webpage: <https://compass-uk.org/services/children-and-young-peoples-health-and-wellbeing-service/>

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About Winter Illnesses and School Attendance

As we head into the colder months, it's common to see an increase in seasonal illnesses such as colds, coughs, and other respiratory infections. We understand that it can sometimes be difficult to decide whether your child should attend school when they are feeling unwell.

To help support your decision-making, please note the following guidance:

- **Children with mild cold symptoms**, such as a runny nose or a slight cough, **can still attend school** if they are otherwise well in themselves (eating, drinking, and alert).
- However, **children should stay at home** if they are experiencing more severe symptoms, such as:
 - A high temperature or fever
 - **Vomiting or diarrhoea** (children should remain at home for at least **48 hours after the last episode if it is norovirus**)
 - Any illness that makes them too unwell to take part in normal school activities

We encourage good hygiene habits, such as regular hand washing and covering coughs and sneezes to help reduce the spread of germs. If your child is unwell and staying home, please remember to notify the school as soon as possible.

Thank you for helping us keep our school community healthy and safe during the winter season.

Illness and Advice	
<p>Headache, earache and stomach ache</p>  <p>Children with headache, earache or stomach ache can go to school—just let the staff know they have felt unwell. Give paracetamol and plenty of fluids to drink. If headache, earache or stomach ache persists..... Seek medical advice.</p>	<p>High Temperature</p>  <p>Give paracetamol and plenty to drink. After paracetamol, if your child feels better, bring them into school. If your child's high temperature continues for three days or more..... Seek medical advice.</p>
<p>Diarrhoea and Vomiting</p>  <p>Children can return to school 48 hours after the last episode of diarrhoea or vomiting</p>	<p>Coughs and Colds</p>  <p>Children should be given paracetamol, plenty of fluids to drink and can be sent to school.</p> <p>If your child is asthmatic, remember they may need their blue Inhaler more often.</p>