

NEWSLETTER W/E 8th May 2026



Dear Families,

A rather short week in school for the children with both the bank holiday and polling day taking place. This week in collective worship, we have been reflecting on John 14:1–14, exploring themes of reassurance, trust and hope. We have encouraged the children to think about how these messages can support them in times of uncertainty, as well as how they can offer comfort and kindness to others.

A reminder that our Year 6 children have their KS2 SATs next week. They have worked extremely hard and will relish the opportunity to show all that they have learnt over the years. We are immensely proud of them.

Finally, we marked a remarkable milestone this week as Sir David Attenborough celebrated his 100th birthday. The children enjoyed learning about his life and his dedication to protecting our natural world. His work has inspired generations to care for the environment, and we reflected on how even small actions can make a positive difference. It was a wonderful opportunity to celebrate curiosity, respect for nature and a shared responsibility for our planet.



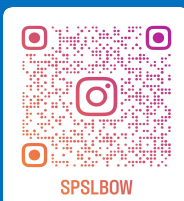
Have a restful weekend!

*Mrs Smith
& Mr Hall*

All the best to our Year 6 children for their SATs next week. We know this is an important time for pupils and families. To help ensure the week runs smoothly, we kindly ask that if your child is unwell or unable to attend for any reason, parents and carers must phone the school office as early as possible each day. Please note that, during SATs week, school leaders will not be available for meetings so that they can fully support our Year 6 pupils. We wish them every success!



DIARY DATES



Monday 11th May- Year 6 SATs

Tuesday 12th May- Year 6 SATs

Wednesday 13th May- Year 6 SATs

Thursday 14th May- Year 6 SATs

SCHOOL NOTICE BOARD

	Pupil of the week	Kindness leaves	Value of the week
Nursery	Eliza Raihan		Adwoa Zion
Reception	Zehna Mya-Rose		Asiya Rayne
Year 1	Musa Phuc	Zara Ikram	Zara Ikram
Year 2	Khadijah Isaiah	Alara Erum	Luke Noah
Year 3	Janet Tommy	Whole class	Tommy Layla
Year 4	Aliza Yunus	Aliza Simra	Demi Tawhid
Year 5	Anaya Lillie	Anaya Christabel	Christabel Ehsan
Year 6	Awa Sabahat	Awa Sabahat	Siyana Eshan



WORSHIP FOCUS

John 14: 1-14

Jesus comforts His disciples, reminding them that He prepares a place for them, remains the way to the Father, and that He is still at work in the world.

Happy Birthday to:



Mohamoud - Y3
Ajaz - EYFS
Sabrin - Y4
Damilee - Y5
Peggy - Y2
Ethan - EYFS



Perhaps we can take some time to learn something new about Jesus from CW or from a Bible story.

SCHOOL NOTICE BOARD

95%	=	47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

ATTENDANCE MATTERS

WHAT DO YOUR ATTENDANCE FIGURES ACTUALLY MEAN?

BE SMART BE THERE!

Percentages based on 190 academic days

Polite reminder:

Children need to be in school on time.

Gates open at 8:45 and close at 8:55.

Early morning learning at this time sets the children up for the day.

Every day matters.
Every minute counts.

Attending primary school regularly provides a wealth of social, health and academic benefits for children.

"Going to school helps me achieve my very best."

For a 2020 - 2021 copy of this book visit https://www.gov.uk/government/uploads/attachment_data/file/464444/primary-school-attendance-booklet-2020-21.pdf

Our Attendance Welfare Officer (AWA), Lina Rahman, attends school every Tuesday morning. Lina checks our school registers regularly and will contact parents & guardians by letter or telephone. Meetings and home visits will be completed if there is a cause for concern.

Formal referrals of pupils with persistent absence or below 90% attendance will be made. Children need to be in school every day. Parents should be aware that they can ultimately be prosecuted for non-attendance offences. Holidays should also be taken in school holidays and not in term time.

We know that sometimes- even with children at school 190 out of 365 days in the year- they may fall ill. This can be worrying so please see advice from our local teams on https://www.towerhamlets-together.com/files/Care_Confident_Booklet_A5_InteractiveBooklet2.pdf on common illnesses and when to seek support. Additional sports, including swimming, benefit children to be healthier and smarter. Please ensure children take full advantage of this by wearing appropriate kit and making sure they bring it with them each week!

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EYFS Gardening

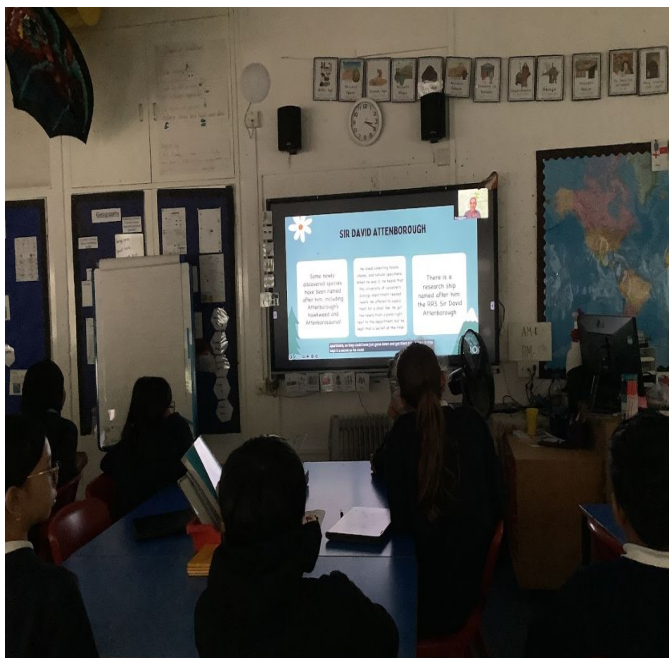
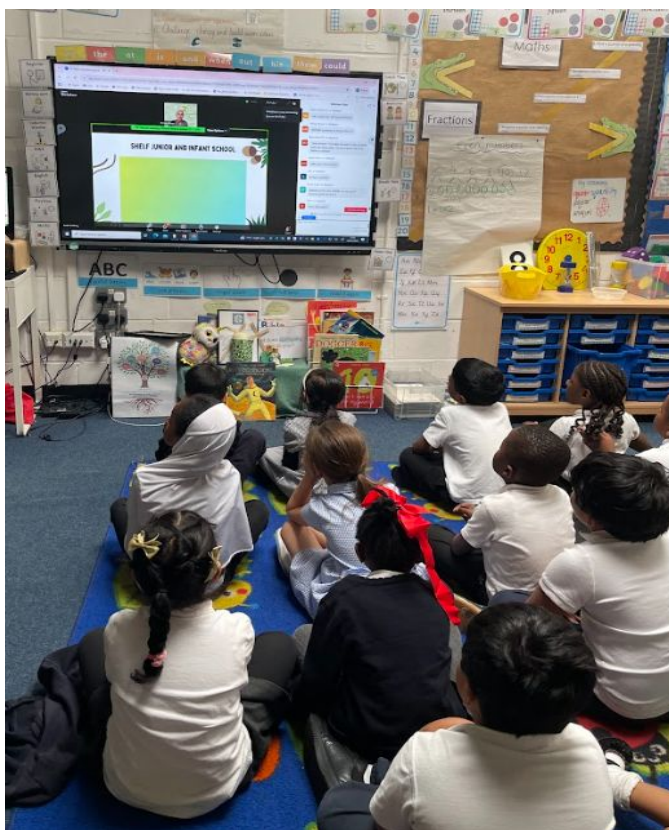
Today in EYFS, the children enjoyed taking part in gardening activities in our outdoor area. They planted new seeds, carefully filled the flower beds with soil, and learnt about what plants need to grow healthy and strong. The children showed great care and responsibility whilst watering the plants and discussing how we can look after living things.



SCHOOL NOTICE BOARD

100 Years of David Attenborough

Our children joined thousands across the country for very special live Picture News assembly as they celebrated the life and legacy of Sir David Attenborough on his 100th birthday. Together, we explored his work, the wonders of the natural world, and why protecting our planet matters more than ever. Through images, discussion and thoughtful questions, pupils reflected on how one person's voice can inspire global change and what we can each do to care for the world around us.



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Year 6 Mindfulness

An amazing organisation who have worked with the likes of celebrities including Conor McGregor, members of the West Ham and Arsenal football team and even the royal family, came in to work with our year 6 children to teach them strategies to cope with stress and build mindfulness. The children learned some coping strategies as well as how our brains react to stress and the neuroscience behind how coping strategies help our brain to feel safe. This has been a great opportunity for our children particularly as we approach SATS week.



SCHOOL NOTICE BOARD

Parent Reminder – Playground Safety at Collection Time

A gentle reminder that children should not play on the playground equipment at the end of the school day during collection time. While we understand that children are eager to play, this is a busy period with many families moving around the space, and the equipment is not supervised at this time.

For everyone's safety, we ask that children remain with their parent or carer and leave the playground promptly once they have been collected.

Children should not be playing or rearranging any equipment in the EYFS playground during drop offs and collection. Unfortunately, the mud kitchen protective clothing has recently been disturbed and left in a messy condition. We kindly ask for your support in ensuring all equipment is respected and left as it is.

Thank you for your continued support in helping us keep all children safe.



SCHOOL NOTICE BOARD

Reminder – Children not bringing personal items in from home.

A gentle reminder that children should not be bringing in toys, cards, stickers, fidget spinners, lip glosses, hand-creams, key chains or stationary from home. These can be lost, damaged or stolen and can often cause unnecessary conflict between children. All stationary that the children need is provided by the school. If children, after agreement with class teachers and the SENDCo, require a fidget toy, these will also be provided by school. If the children need cream or lip balm, these are to be given to classteachers to keep in the medical bag.

Thank you for your continued support.



SCHOOL NOTICE BOARD

GET INVOLVED. MAKE FRIENDS. TRY NEW THINGS.

SCHOOL CLUBS

THERE'S A CLUB FOR EVERYONE!

JOIN. LEARN. GROW. ♥

DRAMA



Step into the spotlight!
Build confidence, creativity and performance skills.

COOKING



Get hands-on in the kitchen!
Learn new recipes, try new foods and have fun.

HOMEWORK CLUB



Need a hand? We've got you.
Get support, stay organized and reach your goals.

ATHLETICS



Move. Compete. Achieve.
Build fitness, teamwork and school spirit.

TENNIS



Serve up some fun!
Improve your skills, stay active and enjoy the game.

GET INVOLVED TODAY!

JOIN A CLUB. DISCOVER YOUR PASSION.
BE PART OF OUR SCHOOL COMMUNITY!

YOUR SCHOOL.
YOUR COMMUNITY.
YOUR FUTURE.
♥

OFFICE



COME AND SPEAK THE ADMIN
IN THE OFFICE

FOR MORE DETAILS! ♥

SCHOOL NOTICE BOARD

Swimming

Polite reminder that all children should attend swimming lessons. These are a compulsory part of the national curriculum for physical education and form an important element of your child's learning experience. These lessons are not optional and are designed to ensure that all children are able to meet national swimming expectations by the end of primary school.

As such, if your child is well enough to be in school, they are expected to take part in swimming sessions. If you consider your child has a medical condition that prevents them from swimming, please provide written evidence from your GP. However, in the absence of such a reason, all pupils will be expected to attend and take part in each lesson.

What to bring:

- Swimwear (trunks or swimming costume)
- Towel
- Swimming cap
- Goggles


Also reminder no earrings, please ensure these are taken out the night before.

Thank you for your support in helping us provide all pupils with the skills and confidence they need to stay safe in and around water. If you have any questions or concerns, please contact the school.

SCHOOL NOTICE BOARD



School Admissions Service – Drop-in sessions for parents and carers

 **Every Friday (term-time only)**

 **10:00 AM – 12:30 PM**

 **Residents Hub, Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ**

Are you a parent or carer with questions about admissions?

You may find the answers online:

Visit us at towerhamlets.gov.uk/schooladmissions

If you need more support, we're here to help!

No appointment needed - sign up for a 10-minute slot on the day

Friendly, knowledgeable staff

Quick answers to your questions

Let's make admissions easier — together!

For more information, email school.admissions@towerhamlets.gov.uk

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Tower Hamlets School Health Service



Visit our website to find out more



Who can access our service?

- All school-aged children (age 5 to 19)
- Or up to 25 for individuals with SEND
- Their parents/carers

What can we support with?

- Healthy eating
- Dental health
- Friendships & relationships
- Body image
- Emotional health
- School anxiety
- Fussy eating
- Sleep
- Bullying
- Sexual health
- Long-term health conditions
- Parenting
- Behaviour
- Continence
- Referral onto other services



compass.towerhamletsyphws@nhs.net



020 3954 0091

SCHOOL NOTICE BOARD



MEASLES CASES ARE RISING

Measles is a very serious illness and can spread very easily between children who are not vaccinated.

Measles starts with cold like symptoms, with a cough, fever and red eyes. Days later, a red or purple bumpy rash appears.

If you think you or your child has measles do not go out. Stay at home. Call your GP surgery or NHS 111. Rest, drink plenty of fluids and take paracetamol or ibuprofen.

The free MMR /MMRV vaccine gives the best, most effective protection against measles - it's quick, it's free, and it could save their life.

If you think you or your child have missed a vaccine dose, check their Red Book or ask your GP surgery.

More information
www.nhs.uk/measles



SCHOOL NOTICE BOARD



হামের প্রকোপ বাড়ছে

হাম একটি অত্যন্ত গুরুতর রোগ এবং টিকা না দেওয়া শিশুদের মধ্যে এটি খুব সহজেই ছড়িয়ে পড়তে পারে।

হামের শুরু হয় সর্দি-কাশির মতো উপসর্গ দিয়ে, সাথে থাকে কাশি, জ্বর এবং চোখ লাল হওয়া। কয়েকদিন পর, শরীরে লাল বা বেগুনি রঙের ফুসকুড়ি দেখা দেয়।

যদি আপনার মনে হয় যে আপনার বা আপনার সন্তানের হাম হয়েছে, তাহলে বাইরে যাবেন না।

বাড়িতে থাকুন। আপনার জিপি সার্জারিতে (GP surgery) অথবা এনএইচএস ১১১-এ (NHS 111) ফোন করুন। বিশ্রাম নিন, প্রচুর পরিমাণে তরল পান করুন এবং প্যারাসিটামল বা আইবুপ্রোফেন খান।

বিনামূল্যে দেওয়া এমএমআর/এমএমআরভি (MMR/MMRV) টিকা হামের বিরুদ্ধে সবচেয়ে ভালো ও কার্যকর সুরক্ষা দেয় - এটি দ্রুত দেওয়া যায়, বিনামূল্যে পাওয়া যায় এবং এটি তাদের জীবন বাঁচাতে পারে।

যদি আপনার মনে হয় যে আপনি বা আপনার সন্তান টিকার কোনো ডোজ নিতে ভুলে গেছেন, তাহলে তাদের রেড বুক (Red Book) দেখুন অথবা আপনার জিপি সার্জারিতে (GP surgery) জিজ্ঞাসা করুন।

আরও তথ্য www.nhs.uk/measles



SCHOOL NOTICE BOARD

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about WHATSAPP

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

WhatsApp is a free messaging app owned by Meta, allowing users to send text and voice messages, share multimedia, make video calls, and chat in groups. With end-to-end encryption, only the sender and receiver can view messages. This may offer privacy, but it also comes with risks that parents and educators need to be aware of.

GROUP CHAT PRESSURES

Group chats enable multiple users to message in the same space, but this can also make it easier for young people to feel excluded or overwhelmed. Negative comments can escalate quickly, and young people may feel pressure to respond or stay engaged even when the conversation is uncomfortable or upsetting.

SCAMS TARGETING YOUNG USERS

Scammers are increasingly using WhatsApp to trick users into sharing personal information. Common scams include fraudsters posing as family members in an emergency or tricking users into revealing security codes. These can lead to identity theft or access to private conversations.

DISAPPEARING AND HIDDEN MESSAGES

WhatsApp offers features like disappearing messages and 'Chat Lock', which can give users a false sense of security. While intended to protect privacy, they can be used by young users to hide inappropriate conversations or content, making it harder for adults to spot potential issues.

EXPOSURE THROUGH CHANNELS

'Channels' are an optional feature that allows users to follow updates from public figures or organisations; however, there is no way to block this feature or filter its content by age. Young users may encounter adult or distressing content, including misinformation and harmful ideologies.

UNWANTED CONTACT AND LOCATION SHARING

WhatsApp users can share their live location, and if not managed carefully, this can allow others – even those in mutual groups – to track someone's whereabouts. Also, without the right privacy settings, young users may be contacted by strangers.

COMMERCIAL AND AI CONTENT

WhatsApp now includes ads in the 'Updates' feed and has introduced an AI assistant – Meta AI – across the app, which cannot be removed. These additions raise concerns about targeting, privacy, AI use, and the type of content children and young people might interact with.

...ONLINE...

Advice for Parents & Educators

REVIEW PRIVACY SETTINGS TOGETHER

Help young users check who can see their profile photo, status, and location. Activate the 'Silence Unknown Callers' setting and set group chat invitations to 'My Contacts' or 'My Contacts Except...' for added safety.

TEACH HOW TO SPOT SCAMS

Encourage caution around unusual and unexpected messages, especially if they involve money or codes. Help young users understand the signs of scams and what to do if they receive a suspicious message. Enable two-step verification to add an extra layer of protection.

BE OPEN ABOUT HIDDEN CHATS

Discuss why children and young people might use features like disappearing messages or 'Chat Lock'. Encourage them to share if something made them uncomfortable, even if the messages are gone. Let them know that privacy should not mean secrecy.

TALK ABOUT ADVERTISING AND AI

Explain that WhatsApp now includes ads and AI tools. Discuss the difference between genuine and sponsored content, and the potential for AI to share inaccurate or age-inappropriate responses. Encourage young users to think critically before trusting or interacting with these features.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and setting behaviour of young people in the UK, USA and Australia.



The National College