

NEWSLETTER W/E 19th June 2026



Dear Families,

Another wonderful week has been full of opportunities for our children to flourish. We enjoyed our Sports Days, where children demonstrated determination, teamwork, excellent sportsmanship and most importantly, had fun! It was fantastic to see children encouraging one another, celebrating successes and showing resilience when faced with challenges. Thank you to all the parents and carers who joined us and helped create such a positive atmosphere for the children.

We are delighted to share two wonderful achievements from this week. Our school has been awarded Bronze Status from the Tower Hamlets Oracy Hub, recognising our commitment to developing pupils' speaking, listening and communication skills across the curriculum.

Our Year 6 children have continued with their transition and preparations for Year 7 and beyond this week; they challenged themselves at an Outdoor Activity Centre. All of the children pushed themselves to overcome fears and reach new heights, literally. Volunteers from the world of finance visited the school this week to lead a 'Money and Careers' workshop with Year 6; learning all about money, choices and jobs.

We are incredibly happy to welcome Dr Pang next week. Dr Pang is a celebrated author, scientist and an inspiration to many, explaining how our world and being human works. If you would like to find out information and also purchase any of her books, please watch her TEDtalks or find out about Dr Pang on

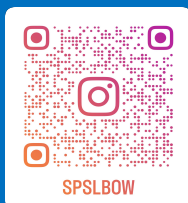
<https://www.camillapang.com/>

*Mrs Smith
& Mr Hall*

Have a restful weekend!



DIARY DATES



Monday 22nd June - Y2 Trip Kew Gardens
Tuesday 23rd June - Y6 Trip British Library
Wednesday 24th June - Y1 Trip Maritime Museum
Wednesday 24th June - Y6 Girl's Football
Thursday 25th June - Y4/5 Trip British Museum

SCHOOL NOTICE BOARD



Our Top 3 Classes

1st Reception - 98%

2nd Year 2 - 99%

3rd Year 1 - 96%



Congratulations to you all — hopefully next week it'll be your turn!

**Polite reminder:
Children need to be in
school on time.
Gates open at 8:45 and
close at 8:55.
Early morning learning at
this time sets the children
up for the day.**

95%	=	47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

BE SMART BE THERE!

Percentages based on 190 academic days

**ATTENDANCE
MATTERS**

**WHAT DO YOUR
ATTENDANCE
FIGURES
ACTUALLY MEAN?**

Our Attendance Welfare Officers (AWOs), Lina Rahman and Samir Amin, attend the school every Thursday morning. Lina and Samir regularly monitor school attendance registers and may contact parents or guardians by letter or telephone where necessary. Meetings and home visits may also be arranged if there are concerns regarding a child's attendance.

Formal referrals will be made for pupils with persistent absence or attendance below 90%. It is important that children attend school every day to support their learning and wellbeing. Parents and carers should also be aware that continued non-attendance could ultimately result in legal action. Holidays should be taken during school holiday periods and not during term time.

We understand that, despite children attending school for 190 days of the year, they may occasionally become unwell. To support families, please see guidance from our local health teams on common illnesses and advice about when to seek medical support: [Tower Hamlets Together – Care Confident Booklet](#)

Additional physical activities, including swimming, help children to become healthier, more active, and ready to learn. Please ensure that children are able to take full advantage of these opportunities by bringing the correct kit to school each week.

SCHOOL NOTICE BOARD

	Pupil of the week	Kindness leaves	Value of the week
Nursery	Whole Class		Eliza Niyah
Reception	Whole Class		Aisha Maryam
Year 1	Taha Zahra	Astou Maryam	Mal'achi Riyad
Year 2	Istiyak Taha	Daniyal Noah	Amani Yetiah-Mae
Year 3	Phong Yusra	Phong Waseem	Zaiba Areeba
Year 4	Alexia Moriam	Shanaya Rafsan	Sabrin Rafsan
Year 5	Anaya Eman	Anaya Eman	Eman Jeremiah
Year 6	Sabahat Laiba	Tyrelle Aliya	Siyana Maira



WORSHIP FOCUS

Bible Reading Romans 5:1–8

Christians believe that God helps people grow stronger through love, hope and perseverance — even when life is difficult.

Happy Birthday to:

Maame



You might like to think about a time something was difficult, or a time when love helped you keep going

SCHOOL NOTICE BOARD

Upcoming dates for your diary

Monday 22nd June - Year 2 trip to Kew Gardens

Tuesday 23rd June – Year 6 trip to British Library

Wednesday 24th June - Year 1 trip to National Maritime Museum

Thursday 25th June – Year 4 trip to British Museum
Year 5 trip to British Museum

Tuesday 30th June – Year 4 trip to Tower of London

Thursday 2nd July - Year 6 Deanery Leavers service (Children only)

Friday 10th July – Summer Fayre

Tuesday 14th July – Y6 leavers church service at St Paul's Bow common

Thursday 16th July – Y6 leavers at SPSL for parents

Monday 20th July

Class parties

Last day

SCHOOL NOTICE BOARD

Sports day



SCHOOL NOTICE BOARD

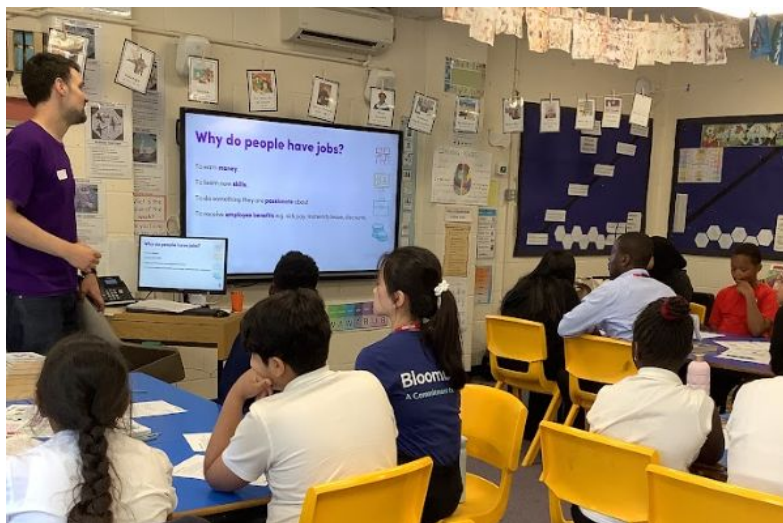
Sports day



SCHOOL NOTICE BOARD

Year 6-Money and Careers workshop

Year 6 enjoyed learning all about Money and Careers this week, volunteers from Bloomberg visited the school to look at three areas Money; understand what it is, its origins and how we use it. Choices; making choices about spending or saving money, as well as methods of payment. And Jobs; Understand more about the world of work and different careers.



SCHOOL NOTICE BOARD

Shadwell Basin





SCHOOL NOTICE BOARD

WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tomato Pasta & Cheese (Gluten, Dairy, Celery)	Chicken Curry (Sulphites, Dairy)	Margarita Pizza (Gluten, Dairy, Celery)	Shredded Chipotle Chicken (Sulphites)	School Made Fish Fingers (Gluten, Fish, Dairy)
MAIN (OPTION 2)	Chefs Choice Pasta (Gluten)	Spinach Dhal (Mustard)	Tomato Pasta (Gluten, Celery)	Refried Beans & Cheese (Sulphites, Dairy)	Haloumi Fries (Gluten, Dairy)
SIDES	Focaccia (Gluten)	Rice & Naan Bread (Gluten)	Cauliflower cheese (Dairy, Gluten)	Corn Tortillas & Mexican Rice	Crinkle Chips
VEGETABLES	Broccoli	Pakorras	Steamed or Raw Carrots	Tomato Salsa & Guacamole (Sulphites)	Peas
DESSERTS	Fruit & Yoghurt (Dairy)	Chocolate Cake (Gluten, Eggs, Dairy)	Fruit & Yoghurt (Dairy)	Chefs Choice Seasonal Dessert	Fruit & Yoghurt (Dairy)
EXTRAS	Fresh Fruit Platter, Mixed Salad Bar and Greek Yoghurt Available Daily If you have any questions, please speak with you School Chef				

WHAT'S FOR LUNCH?

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Mac & Cheese (Gluten, Dairy)	Chicken Chow Mein (Sulphites, Soy)	Beef Samosa (Gluten, Dairy)	Piri-Piri Chicken	Fish Fillet Burger (Gluten, Fish, Dairy)
MAIN (OPTION 2)	Chefs Choice Pasta (Gluten)	Stir Fry Vegetables (Sulphites, Soy)	Vegetable Samosa (Gluten, Dairy)	Bean Burger (Dairy, Soy, Gluten)	Halloumi Fries (Gluten, Dairy)
SIDES <small>Where main includes, portion will be offered as optional extra</small>	Focaccia (Gluten)	Noodles (Gluten)	Chickpea Curry	Couscous & Garlic Bread (Gluten, Dairy)	Crinkle Chips
VEGETABLES	Broccoli	Chinese Cabbage (Sulphites, Soy)	Vegetable Pilau Rice	Corn on the cob (Dairy)	Garden Peas
DESSERTS	Fruit & Yoghurt (Dairy)	Homemade Fruit Ice cream (Dairy, Eggs)	Fruit & Yoghurt (Dairy)	Chefs Choice Seasonal Dessert	Fruit & Yoghurt (Dairy)

SCHOOL NOTICE BOARD

Parent Reminder – Playground Safety at Collection Time

A gentle reminder that children should not play on the playground equipment at the end of the school day during collection time. While we understand that children are eager to play, this is a busy period with many families moving around the space, and the equipment is not supervised at this time.

For everyone's safety, we ask that children remain with their parent or carer and leave the playground promptly once they have been collected.

Children should not be playing or rearranging any equipment in the EYFS playground during drop offs and collection. Unfortunately, the mud kitchen protective clothing has recently been disturbed and left in a messy condition. We kindly ask for your support in ensuring all equipment is respected and left as it is.

Thank you for your continued support in helping us keep all children safe.



SCHOOL NOTICE BOARD

Reminder – Children not bringing personal items in from home.

A gentle reminder that children should not be bringing in toys, cards, stickers, fidget spinners, lip glosses, hand-creams, key chains or stationary from home. These can be lost, damaged or stolen and can often cause unnecessary conflict between children. All stationary that the children need is provided by the school. If children, after agreement with class teachers and the SENDCo, require a fidget toy, these will also be provided by school. If the children need cream or lip balm, these are to be given to class teachers to keep in the medical bag.

Thank you for your continued support.



SCHOOL NOTICE BOARD

GET INVOLVED. MAKE FRIENDS. TRY NEW THINGS.

SCHOOL CLUBS

THERE'S A CLUB FOR EVERYONE!

JOIN. LEARN. GROW. ♥

DRAMA



Step into the spotlight!
Build confidence, creativity
and performance skills.

COOKING



Get hands-on in the kitchen!
Learn new recipes, try
new foods and have fun.

HOMEWORK CLUB



Need a hand? We've got you.
Get support, stay organized
and reach your goals.

ATHLETICS



Move. Compete. Achieve.
Build fitness, teamwork and
school spirit.

TENNIS



Serve up some fun!
Improve your skills, stay active
and enjoy the game.

GET INVOLVED TODAY!

JOIN A CLUB. DISCOVER YOUR PASSION.
BE PART OF OUR SCHOOL COMMUNITY!

YOUR SCHOOL.
YOUR COMMUNITY.
YOUR FUTURE.
♥

OFFICE



COME AND SPEAK THE ADMIN
IN THE OFFICE

FOR MORE DETAILS! ♥

SCHOOL NOTICE BOARD

Swimming

Polite reminder that all children should attend swimming lessons. These are a compulsory part of the national curriculum for physical education and form an important element of your child's learning experience. These lessons are not optional and are designed to ensure that all children are able to meet national swimming expectations by the end of primary school.

As such, if your child is well enough to be in school, they are expected to take part in swimming sessions. If you consider your child has a medical condition that prevents them from swimming, please provide written evidence from your GP. However, in the absence of such a reason, all pupils will be expected to attend and take part in each lesson.

What to bring:

- Swimwear (trunks or swimming costume)
- Towel
- Swimming cap
- Goggles


Also reminder no earrings, please ensure these are taken out the night before.

Thank you for your support in helping us provide all pupils with the skills and confidence they need to stay safe in and around water. If you have any questions or concerns, please contact the school.

SCHOOL NOTICE BOARD



School Admissions Service – Drop-in sessions for parents and carers

 **Every Friday (term-time only)**

 **10:00 AM – 12:30 PM**

 **Residents Hub, Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ**

Are you a parent or carer with questions about admissions?

You may find the answers online:

Visit us at towerhamlets.gov.uk/schooladmissions

If you need more support, we're here to help!

No appointment needed - sign up for a 10-minute slot on the day

Friendly, knowledgeable staff

Quick answers to your questions

Let's make admissions easier — together!

For more information, email school.admissions@towerhamlets.gov.uk

SCHOOL NOTICE BOARD

Tower Hamlets School Health Service



Visit our website to find out more



Who can access our service?

- All school-aged children (age 5 to 19)
- Or up to 25 for individuals with SEND
- Their parents/carers

What can we support with?

- Healthy eating
- Dental health
- Friendships & relationships
- Body image
- Emotional health
- School anxiety
- Fussy eating
- Sleep
- Bullying
- Sexual health
- Long-term health conditions
- Parenting
- Behaviour
- Continence
- Referral onto other services



compass.towerhamletsyphws@nhs.net



020 3954 0091

SCHOOL NOTICE BOARD

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about WHATSAPP

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

WhatsApp is a free messaging app owned by Meta, allowing users to send text and voice messages, share multimedia, make video calls, and chat in groups. With end-to-end encryption, only the sender and receiver can view messages. This may offer privacy, but it also comes with risks that parents and educators need to be aware of.

GROUP CHAT PRESSURES

Group chats enable multiple users to message in the same space, but this can also make it easier for young people to feel excluded or overwhelmed. Negative comments can escalate quickly, and young people may feel pressure to respond or stay engaged even when the conversation is uncomfortable or upsetting.

SCAMS TARGETING YOUNG USERS

Scammers are increasingly using WhatsApp to trick users into sharing personal information. Common scams include fraudsters posing as family members in an emergency or tricking users into revealing security codes. These can lead to identity theft or access to private conversations.

DISAPPEARING AND HIDDEN MESSAGES

WhatsApp offers features like disappearing messages and 'Chat Lock', which can give users a false sense of security. While intended to protect privacy, they can be used by young users to hide inappropriate conversations or content, making it harder for adults to spot potential issues.

EXPOSURE THROUGH CHANNELS

'Channels' are an optional feature that allows users to follow updates from public figures or organisations; however, there is no way to block this feature or filter its content by age. Young users may encounter adult or distressing content, including misinformation and harmful ideologies.

UNWANTED CONTACT AND LOCATION SHARING

WhatsApp users can share their live location, and if not managed carefully, this can allow others – even those in mutual groups – to track someone's whereabouts. Also, without the right privacy settings, young users may be contacted by strangers.

COMMERCIAL AND AI CONTENT

WhatsApp now includes ads in the 'Updates' feed and has introduced an AI assistant – Meta AI – across the app, which cannot be removed. These additions raise concerns about targeting, privacy, AI use, and the type of content children and young people might interact with.

...ONLINE...

Advice for Parents & Educators

REVIEW PRIVACY SETTINGS TOGETHER

Help young users check who can see their profile photo, status, and location. Activate the 'Silence Unknown Callers' setting and set group chat invitations to 'My Contacts' or 'My Contacts Except...' for added safety.

TEACH HOW TO SPOT SCAMS

Encourage caution around unusual and unexpected messages, especially if they involve money or codes. Help young users understand the signs of scams and what to do if they receive a suspicious message. Enable two-step verification to add an extra layer of protection.

BE OPEN ABOUT HIDDEN CHATS

Discuss why children and young people might use features like disappearing messages or 'Chat Lock'. Encourage them to share if something made them uncomfortable, even if the messages are gone. Let them know that privacy should not mean secrecy.

TALK ABOUT ADVERTISING AND AI

Explain that WhatsApp now includes ads and AI tools. Discuss the difference between genuine and sponsored content, and the potential for AI to share inaccurate or age-inappropriate responses. Encourage young users to think critically before trusting or interacting with these features.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and setting behaviour of young people in the UK, USA and Australia.



The National College