

NEWSLETTER W/E 5th June 2026



Dear Families,

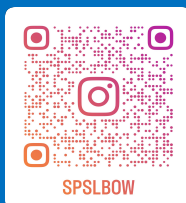
As we enter our final half-term of the academic year, we begin to focus on transition, none more so than our Year 6 children who are coming to the end of their school journey here at St Paul with St Luke and opening the next chapter of their education at their secondary schools. With that in mind, Year 6 have had an incredibly busy week of transition. The children enjoyed the Half-Moon Theatre company's 'Next Steps' workshop and began their weekly 'Emotions Explorers' project. As part of the London Schools Literature Festival, Year 6 were invited to attend author Guy of the 'Stitch Head' series Guy Bass's workshop all about the writing process as well as answering questions about his new book. Our 'Kitchen Heroes' programme commenced again this week with our children working with our wonderful kitchen team to learn all about healthy food as well as making some delicious pizza. A good luck to all of our children who will be completing assessments in the coming weeks; Multiplication Tables Check for Year 4, and Phonics Screening for Year 1.

Have a restful weekend!

*Mrs Smith
& Mr Hall*



DIARY DATES



Sports Day

Tuesday 16th June

Years 3 + 4 at 9:30am

Year 5 + 6 at 2:30pm

Thursday 18th June

Nursery & Reception at 9:30am

Years 1 + 2 at 2:30pm

SCHOOL NOTICE BOARD



Our Top Class

Year 5 - 96%



Congratulations to you all — hopefully next week it'll be your turn!

**Polite reminder:
Children need to be in
school on time.
Gates open at 8:45 and
close at 8:55.
Early morning learning at
this time sets the children
up for the day.**

95%	=	47 LESSONS MISSED EACH YEAR 8 days in total or 1 week and 3 days
90%	=	95 LESSONS MISSED EACH YEAR 16 days in total or 3 weeks and 1 day
85%	=	142 LESSONS MISSED EACH YEAR 24 days in total or 4 weeks and 4 days
80%	=	190 LESSONS MISSED EACH YEAR 32 days in total or 6 weeks and 2 days

BE SMART BE THERE!

Percentages based on 190 academic days

**ATTENDANCE
MATTERS**

**WHAT DO YOUR
ATTENDANCE
FIGURES
ACTUALLY MEAN?**

Our Attendance Welfare Officers (AWOs), Lina Rahman and Samir Amin, attend the school every Thursday morning. Lina and Samir regularly monitor school attendance registers and may contact parents or guardians by letter or telephone where necessary. Meetings and home visits may also be arranged if there are concerns regarding a child's attendance.

Formal referrals will be made for pupils with persistent absence or attendance below 90%. It is important that children attend school every day to support their learning and wellbeing. Parents and carers should also be aware that continued non-attendance could ultimately result in legal action. Holidays should be taken during school holiday periods and not during term time.

We understand that, despite children attending school for 190 days of the year, they may occasionally become unwell. To support families, please see guidance from our local health teams on common illnesses and advice about when to seek medical support: [Tower Hamlets Together – Care Confident Booklet](#)

Additional physical activities, including swimming, help children to become healthier, more active, and ready to learn. Please ensure that children are able to take full advantage of these opportunities by bringing the correct kit to school each week.

SCHOOL NOTICE BOARD

	Pupil of the week	Kindness leaves	Value of the week
Nursery	Poppie Nirvana		Mia Eliza
Reception	Asiya Francis		Aisha Akim
Year 1	Rlyad Tamjid	Alanta Jordan	Zahra Tamjid
Year 2	Sidra Khadijah	Alara Amani	Erum Fabeha
Year 3	Layla Armaan	Layla Armaan	Yusra Phong
Year 4	Alivia Rafsan	Jison Alexia	Elsie Mikaela
Year 5	Winston Alivia	Jeremiah Lillie	Fawzan Lillie
Year 6	Maira Awa	Awa Laiba	Samuel Eshan



WORSHIP FOCUS

2 Corinthians
13:11-13 &
Matthew
28:16-20

Jesus invites us to follow Him and promises to be with us as we grow and learn how to live in love.

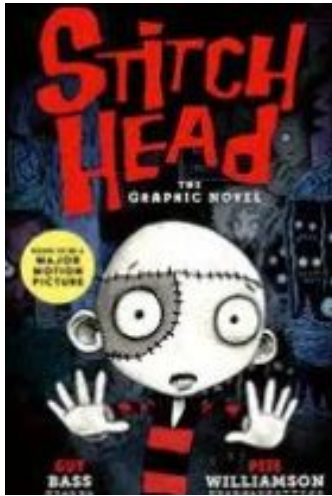
Happy Birthday to:

Amani - Year 2



Jesus invites people to follow Him and promises to be with them as they grow.

SCHOOL NOTICE BOARD

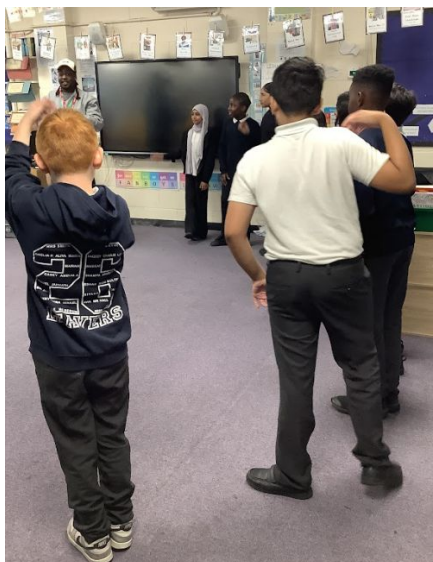


Year 6 Author Visit Guy Bass



SCHOOL NOTICE BOARD

Year 6 Next Steps workshop





SCHOOL NOTICE BOARD

WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tomato Pasta & Cheese (Gluten, Dairy, Celery)	Chicken Curry (Sulphites, Dairy)	Margarita Pizza (Gluten, Dairy, Celery)	Shredded Chipotle Chicken (Sulphites)	School Made Fish Fingers (Gluten, Fish, Dairy)
MAIN (OPTION 2)	Chefs Choice Pasta (Gluten)	Spinach Dhal (Mustard)	Tomato Pasta (Gluten, Celery)	Refried Beans & Cheese (Sulphites, Dairy)	Haloumi Fries (Gluten, Dairy)
SIDES	Focaccia (Gluten)	Rice & Naan Bread (Gluten)	Cauliflower cheese (Dairy, Gluten)	Corn Tortillas & Mexican Rice	Crinkle Chips
VEGETABLES	Broccoli	Pakorras	Steamed or Raw Carrots	Tomato Salsa & Guacamole (Sulphites)	Peas
DESSERTS	Fruit & Yoghurt (Dairy)	Chocolate Cake (Gluten, Eggs, Dairy)	Fruit & Yoghurt (Dairy)	Chefs Choice Seasonal Dessert	Fruit & Yoghurt (Dairy)
EXTRAS	Fresh Fruit Platter, Mixed Salad Bar and Greek Yoghurt Available Daily If you have any questions, please speak with you School Chef				

WHAT'S FOR LUNCH?

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Mac & Cheese (Gluten, Dairy)	Chicken Chow Mein (Sulphites, Soy)	Beef Samosa (Gluten, Dairy)	Piri-Piri Chicken	Fish Fillet Burger (Gluten, Fish, Dairy)
MAIN (OPTION 2)	Chefs Choice Pasta (Gluten)	Stir Fry Vegetables (Sulphites, Soy)	Vegetable Samosa (Gluten, Dairy)	Bean Burger (Dairy, Soy, Gluten)	Halloumi Fries (Gluten, Dairy)
SIDES	Focaccia (Gluten)	Noodles (Gluten)	Chickpea Curry	Couscous & Garlic Bread (Gluten, Dairy)	Crinkle Chips
VEGETABLES	Broccoli	Chinese Cabbage (Sulphites, Soy)	Vegetable Pilau Rice	Corn on the cob (Dairy)	Garden Peas
DESSERTS	Fruit & Yoghurt (Dairy)	Homemade Fruit Ice cream (Dairy, Eggs)	Fruit & Yoghurt (Dairy)	Chefs Choice Seasonal Dessert	Fruit & Yoghurt (Dairy)

Where main includes, portion will be offered as optional extra

SCHOOL NOTICE BOARD

✨ Magic & Imagination Poetry Competition ✨

Calling All Young Poets!

Children aged 7–11 years old are invited to enter the exciting **Magic & Imagination Poetry Competition** run by Apples and Snakes and Young Poets Network.



 **Your Challenge is to write an origins poem inspired by the theme**

 **MAGIC & IMAGINATION** 

Think about:

- Magical creatures
- Imaginary worlds
- Dreams and adventures
- Spells, stars, dragons or superheroes
- Anything your imagination can create!

How to Enter

Parents/carers can upload entries online using the link below:

[Upload Your Child's Poem Here](#)

Prizes

Winning poets will have the chance to win exciting prizes, including books and vouchers!

Competition Rules

- Open to children aged 7–11
- Poems must be **15 lines or fewer**
- Only **ONE poem per child**
- The poem must be completely original
- Children must live in eligible London boroughs including **Tower Hamlets**

July
17

Deadline

Friday 12th June 2026

SCHOOL NOTICE BOARD

Dozens of toys recalled in the UK after asbestos found in play sand

More than 30 children's toys have been recalled in the UK

List of toys recalled since January

Smyths toys dig products
HTI Toys Stretcherz Toys
Kids Create Sand Art Kit
ORB Funkee Sand Toys
Sand Art Activity Kit sold via eBay and Amazon
HGL Stretchy Sand Monster Truck/Car Toys
Squishy Sausage Dogs and Squishy Pugs
Scrunchems Stretchies Sleepy Dino Toy
Galt Nature Craft Kit
HGL Stretchy Sand Pig Toy
WOODEN QIYI Sand Activity Toy sold via AliBaba
Textet Bright Start Coloured Crafting Sand Pack of 20
KTL Squeezy Splatter Pig
KTL 2.2kg Squishy Hot Colour Gorilla Toy
KTL 6" Stretchy Monster 6 Assorted Stretchy Toys
Textet Bright Start Fluorescent Coloured Craft Sand Pack of 6
Hobbycraft Giant Box of Craft
KTL Stretchy Dog Toys
KTL Decorative Glass Bottle of Sand
Multi-Colour Ultra-Fine Quartz Sand sold via Shein
KTL 2pc Balloon Dog Toy
KTL Squishy Stretchy Capybara
KTL 3Pcs Test Tube Science Kit
Hobbycraft Sand and Pom Pom Art Kit
Hobbycraft Easter Bumper Craft Kit
KTL Kreative Kids! Jumbo Craft Box
KTL Stretchy Poop Toy
Addo Play Limited Out To Impress Sand Art Creations
KTL Sensory Science Kit
Addo Play Limited Out to Impress Creative Candles Kit
Addo Play Limited Paw Patrol Bumper Craft Collection
My Living World Worm Kit
Addo Play Limited Paw Patrol Sand Art Pictures Kit

Please follow this link for more information:

<https://www.theguardian.com/money/2026/apr/27/dozens-of-toys-recalled-in-the-uk-after-asbestos-found-in-play-sand>

SCHOOL NOTICE BOARD

Parent Reminder – Playground Safety at Collection Time

A gentle reminder that children should not play on the playground equipment at the end of the school day during collection time. While we understand that children are eager to play, this is a busy period with many families moving around the space, and the equipment is not supervised at this time.

For everyone's safety, we ask that children remain with their parent or carer and leave the playground promptly once they have been collected.

Children should not be playing or rearranging any equipment in the EYFS playground during drop offs and collection. Unfortunately, the mud kitchen protective clothing has recently been disturbed and left in a messy condition. We kindly ask for your support in ensuring all equipment is respected and left as it is.

Thank you for your continued support in helping us keep all children safe.



SCHOOL NOTICE BOARD

Reminder – Children not bringing personal items in from home.

A gentle reminder that children should not be bringing in toys, cards, stickers, fidget spinners, lip glosses, hand-creams, key chains or stationary from home. These can be lost, damaged or stolen and can often cause unnecessary conflict between children. All stationary that the children need is provided by the school. If children, after agreement with class teachers and the SENDCo, require a fidget toy, these will also be provided by school. If the children need cream or lip balm, these are to be given to class teachers to keep in the medical bag.

Thank you for your continued support.



SCHOOL NOTICE BOARD

GET INVOLVED. MAKE FRIENDS. TRY NEW THINGS.

SCHOOL CLUBS

THERE'S A CLUB FOR EVERYONE!

JOIN. LEARN. GROW. ♥

DRAMA



Step into the spotlight!
Build confidence, creativity and performance skills.

COOKING



Get hands-on in the kitchen!
Learn new recipes, try new foods and have fun.

HOMEWORK CLUB



Need a hand? We've got you.
Get support, stay organized and reach your goals.

ATHLETICS



Move. Compete. Achieve.
Build fitness, teamwork and school spirit.

TENNIS



Serve up some fun!
Improve your skills, stay active and enjoy the game.

GET INVOLVED TODAY!

JOIN A CLUB. DISCOVER YOUR PASSION.
BE PART OF OUR SCHOOL COMMUNITY!

YOUR SCHOOL.
YOUR COMMUNITY.
YOUR FUTURE.
♥

OFFICE



COME AND SPEAK THE ADMIN
IN THE OFFICE

FOR MORE DETAILS! ♥

SCHOOL NOTICE BOARD

Swimming

Polite reminder that all children should attend swimming lessons. These are a compulsory part of the national curriculum for physical education and form an important element of your child's learning experience. These lessons are not optional and are designed to ensure that all children are able to meet national swimming expectations by the end of primary school.

As such, if your child is well enough to be in school, they are expected to take part in swimming sessions. If you consider your child has a medical condition that prevents them from swimming, please provide written evidence from your GP. However, in the absence of such a reason, all pupils will be expected to attend and take part in each lesson.

What to bring:

- Swimwear (trunks or swimming costume)
- Towel
- Swimming cap
- Goggles


Also reminder no earrings, please ensure these are taken out the night before.

Thank you for your support in helping us provide all pupils with the skills and confidence they need to stay safe in and around water. If you have any questions or concerns, please contact the school.

SCHOOL NOTICE BOARD



School Admissions Service – Drop-in sessions for parents and carers

 **Every Friday (term-time only)**

 **10:00 AM – 12:30 PM**

 **Residents Hub, Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ**

Are you a parent or carer with questions about admissions?

You may find the answers online:

Visit us at towerhamlets.gov.uk/schooladmissions

If you need more support, we're here to help!

No appointment needed - sign up for a 10-minute slot on the day

Friendly, knowledgeable staff

Quick answers to your questions

Let's make admissions easier — together!

For more information, email school.admissions@towerhamlets.gov.uk

SCHOOL NOTICE BOARD

Tower Hamlets School Health Service



Visit our website to find out more



Who can access our service?

- All school-aged children (age 5 to 19)
- Or up to 25 for individuals with SEND
- Their parents/carers

What can we support with?

- Healthy eating
- Dental health
- Friendships & relationships
- Body image
- Emotional health
- School anxiety
- Fussy eating
- Sleep
- Bullying
- Sexual health
- Long-term health conditions
- Parenting
- Behaviour
- Continence
- Referral onto other services



compass.towerhamletsyphws@nhs.net



020 3954 0091

SCHOOL NOTICE BOARD



MEASLES CASES ARE RISING

Measles is a very serious illness and can spread very easily between children who are not vaccinated.

Measles starts with cold like symptoms, with a cough, fever and red eyes. Days later, a red or purple bumpy rash appears.

If you think you or your child has measles do not go out. Stay at home. Call your GP surgery or NHS 111. Rest, drink plenty of fluids and take paracetamol or ibuprofen.

The free MMR /MMRV vaccine gives the best, most effective protection against measles - it's quick, it's free, and it could save their life.

If you think you or your child have missed a vaccine dose, check their Red Book or ask your GP surgery.

More information
www.nhs.uk/measles



SCHOOL NOTICE BOARD



হামের প্রকোপ বাড়ছে

হাম একটি অত্যন্ত গুরুতর রোগ এবং টিকা না দেওয়া শিশুদের মধ্যে এটি খুব সহজেই ছড়িয়ে পড়তে পারে।

হামের শুরু হয় সর্দি-কাশির মতো উপসর্গ দিয়ে, সাথে থাকে কাশি, জ্বর এবং চোখ লাল হওয়া। কয়েকদিন পর, শরীরে লাল বা বেগুনি রঙের ফুসকুড়ি দেখা দেয়।

যদি আপনার মনে হয় যে আপনার বা আপনার সন্তানের হাম হয়েছে, তাহলে বাইরে যাবেন না।

বাড়িতে থাকুন। আপনার জিপি সার্জারিতে (GP surgery) অথবা এনএইচএস ১১১-এ (NHS 111) ফোন করুন। বিশ্রাম নিন, প্রচুর পরিমাণে তরল পান করুন এবং প্যারাসিটামল বা আইবুপ্রোফেন খান।

বিনামূল্যে দেওয়া এমএমআর/এমএমআরভি (MMR/MMRV) টিকা হামের বিরুদ্ধে সবচেয়ে ভালো ও কার্যকর সুরক্ষা দেয় - এটি দ্রুত দেওয়া যায়, বিনামূল্যে পাওয়া যায় এবং এটি তাদের জীবন বাঁচাতে পারে।

যদি আপনার মনে হয় যে আপনি বা আপনার সন্তান টিকার কোনো ডোজ নিতে ভুলে গেছেন, তাহলে তাদের রেড বুক (Red Book) দেখুন অথবা আপনার জিপি সার্জারিতে (GP surgery) জিজ্ঞাসা করুন।

আরও তথ্য www.nhs.uk/measles



SCHOOL NOTICE BOARD

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about WHATSAPP

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

WhatsApp is a free messaging app owned by Meta, allowing users to send text and voice messages, share multimedia, make video calls, and chat in groups. With end-to-end encryption, only the sender and receiver can view messages. This may offer privacy, but it also comes with risks that parents and educators need to be aware of.

GROUP CHAT PRESSURES

Group chats enable multiple users to message in the same space, but this can also make it easier for young people to feel excluded or overwhelmed. Negative comments can escalate quickly, and young people may feel pressure to respond or stay engaged even when the conversation is uncomfortable or upsetting.

SCAMS TARGETING YOUNG USERS

Scammers are increasingly using WhatsApp to trick users into sharing personal information. Common scams include fraudsters posing as family members in an emergency or tricking users into revealing security codes. These can lead to identity theft or access to private conversations.

DISAPPEARING AND HIDDEN MESSAGES

WhatsApp offers features like disappearing messages and 'Chat Lock', which can give users a false sense of security. While intended to protect privacy, they can be used by young users to hide inappropriate conversations or content, making it harder for adults to spot potential issues.

EXPOSURE THROUGH CHANNELS

'Channels' are an optional feature that allows users to follow updates from public figures or organisations; however, there is no way to block this feature or filter its content by age. Young users may encounter adult or distressing content, including misinformation and harmful ideologies.

UNWANTED CONTACT AND LOCATION SHARING

WhatsApp users can share their live location, and if not managed carefully, this can allow others – even those in mutual groups – to track someone's whereabouts. Also, without the right privacy settings, young users may be contacted by strangers.

COMMERCIAL AND AI CONTENT

WhatsApp now includes ads in the 'Updates' feed and has introduced an AI assistant – Meta AI – across the app, which cannot be removed. These additions raise concerns about targeting, privacy, AI use, and the type of content children and young people might interact with.

...ONLINE...

Advice for Parents & Educators

REVIEW PRIVACY SETTINGS TOGETHER

Help young users check who can see their profile photo, status, and location. Activate the 'Silence Unknown Callers' setting and set group chat invitations to 'My Contacts' or 'My Contacts Except...' for added safety.

TEACH HOW TO SPOT SCAMS

Encourage caution around unusual and unexpected messages, especially if they involve money or codes. Help young users understand the signs of scams and what to do if they receive a suspicious message. Enable two-step verification to add an extra layer of protection.

BE OPEN ABOUT HIDDEN CHATS

Discuss why children and young people might use features like disappearing messages or 'Chat Lock'. Encourage them to share if something made them uncomfortable, even if the messages are gone. Let them know that privacy should not mean secrecy.

TALK ABOUT ADVERTISING AND AI

Explain that WhatsApp now includes ads and AI tools. Discuss the difference between genuine and sponsored content, and the potential for AI to share inaccurate or age-inappropriate responses. Encourage young users to think critically before trusting or interacting with these features.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian Government comparing internet use and setting behaviour of young people in the UK, USA and Australia.



The National College